**Dr. Nick Birlew** 52 yrs old rank JKF 1 degree Black Belt and is a very good instructor in the adult program at Hier's Goju Ryu and the Hombu dojo at 923 N. Yosemite Nick's specialty is hand to stick, and hand to knife self defense. He has also competed in several national and international competitions. Dr. Birlew owns and operates the Stockton Urgent Care Medical Facility in Stockton.