

# Tibon's Goju Gazette

www.tibonkarate.com

February 2009

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**Tibon's Goju Ryu  
Fighting Arts Karate's  
Central Valley Karate Boosters  
3<sup>rd</sup> Annual Crab Feed Was Huge Success!**



All of our Wonderful Tibon's Goju Ryu Families and Friends!



Old Pinoys Quartet Singers



# Connecting Waters Charter School

Connecting Waters is Fully Accredited by the Schools Commission  
of the Western Association of Schools and Colleges (WASC)



We have many students in the Connecting Waters Charter Schools that come to Tibon's Goju Ryu Fighting Arts Programs for their physical education requirements. If you have questions about our program and how to qualify through Connection Waters Charter Schools just call our main Karate school at (209) 465-0943.

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**Receive Physical Education High School Credit!**



**Tibon's Goju Ryu Fighting Arts Karate Studio  
Approved as a Physical Education Alternative for  
St. Mary's High School & Lincoln High School**

**Most all Stockton Unified School District High Schools accept Tibon's Goju Ryu Karate Program as a Physical Education alternative, just check in with your Counselor.**



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**Sensei Gene Tibon  
Promoted to  
Disney's Sr. National Coordinator  
For  
Traditional/Classical Japanese  
Okinawa Martial Arts  
Now including Karate, Kobudo,  
Chinbara, and Iaido**

**Registration ON LINE is now Open!**

**Disneyland® Martial Arts Festival  
March 26-28, 2009**

**Disney Martial Arts Festival-  
October 16-18, 2009**

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**USANKF of Northern California, Inc.  
Regional Sports Organization for Karate**



**2009 USANKF Membership Drive  
Grassroots YODP Karate Training  
Youth Olympic Development Program  
Northern California Coaches and Athletes**



**Tibon's Goju Ryu Fighting Arts  
Advertisement in your  
Stockton Record.**

**Pass on the Word  
Or Pass on This Coupon to your  
Friends!**



**Sensei Oshiro Weapons Classes**

**Moves to Every Other Month**

If you are studying Weapons you should be Attending These Seminars

Sensei Oshiro has been teaching seminars around Europe and has finally returned to the USA. He will resume his Bi-monthly seminars at Tibon's Goju Ryu Dojo at 923 N. Yosemite St. in Stockton.

**The Dates for the 2009 Kobudo Weapons Seminars Are:** Feb 22, April 19, June 14, Aug.2, Oct. 11, Nov. 15

**Upcoming Karate Tournaments,  
Technical Seminars, and Events**

- Washington State Karate Championships, WA. February 28, 2009 Edmonds, WA
- Uchiage Internationals Richmond B.C. Canada March 6, 2009
- Junki Yoshida Robyu Kai Internationals Portland, Oregon March 14-16, 2009
- 2009 Disneyland Martial Arts Festival Anaheim Convention Center March 26-28, 2009.
- USANKF Junior Olympics and US Open in Las Vegas, Nevada Caesar's Palace April 10-12, 2009
- USANKF of Northern California National Qualifier May 3<sup>rd</sup>, 2009 Delta College Stockton, Ca.
- 2009 Summer University Games July 1<sup>st</sup>, 2009.
- USANKF National Championships and USA Team Trials Fort Lauderdale, Florida July 14-19, 2009
- Long Beach Internationals August 7-9, 2009
- David Crockett's Itosu Kai International Invitational September, 2009
- West Coast Open/Tacoma, WA Sensei Chuck Sweigart September 2009.
- Disney Martial Arts Festival at Walt Disney World® Disney's Wide World of Sports Complex Oct. 16-18, 2009.
- 2009 Tibon's Goju Ryu Annual IN HOUSE Karate Tournament and Black Belt Testing December 2009.

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***Welcome New Students - Tibon's Goju Ryu Karate Organization***

**Tibon's Goju Ryu** - David Macko Anthony Pineda Adara Pineda Lydia Lu Abraham Talavera Isaac Talavera Joel Talavera Joel Talavera Daniel Talavera Paccelli Talavera Austin Ligid Ligid Ryan Hansen

**Hiers Goju Ryu** – Jackson Handle Abbi Garcia Seth Becker William Beardon Anthony Beardon Jessica Matson

**Welcome Back:** David Holtz , Chance Messner, Chase Handel, Bradley Handel

**Stockton GymStars** – Hunter Onley Aiden Wallace Amir Brooks Lesharo Alarcon Aiyana Alarcon

**Modesto GymStars** - Kameryn Lambright

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**Attention Parents!**  
**New T&T Dragons Program**  
**Tiny & Tough 2-4 yr old Pre Karate Program**  
**Well on It's Way! We Still Have Room in Classes!**

Behavioral Development for young students entering into Karate program, Pre-school program, helps with sibling interaction, physical development, discipline, patience, respect, responsibility, listening skills

Call to reserve your child's place now at 465-0943 list is already filling up!

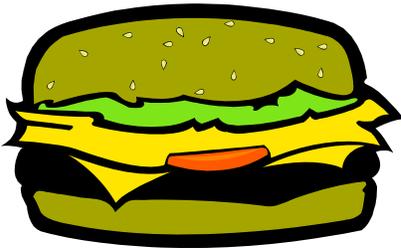




## Central Valley Karate Booster Corner



Great Pizzas



You would not believe the John Monster Burger!



Outstanding Sandwiches!

### "Fundraising Days"

Café Acacia 946 N. Yosemite St. Friday, February 13 & 14, 2009 Fri. and Sat. Bring Flyer and Café Acacia will donate 20% excluding alcoholic beverages.

More details to follow! Interested in chairing a committee or volunteering your time? Contact Mrs. Tibon 209-465-0943 or Rhonda Villalos 209-986-3871/mureta @Comcast.net

## DOJO REMINDERS

### Please make sure you pick up your child on time.

- All tuition payments are due by the 10<sup>th</sup> of each month – NO EXCEPTIONS. A late charge of \$15.00 will apply; a return check charge of \$20.00 will apply.
- Sensei Oshiro continues to give Kobudo instruction here at the Dojo. Students should take advantage of being taught by one of the foremost weapons instructors in the world. Only \$25 per class plus you must provide your own weapons.
- Per the Goju Ryu Uchiage Kai rules, there will no longer be any rank skipping, unless you pay for each level of the test. This may seem rather harsh, but traditional training makes the student wait at least six month between each level to properly be prepared for the test. This is based on two days per week program.
- The Brown Belt Kyu tests are one year apart, and 100 assisted classes minimum are due before each promotion. A requirement of 300 assisted classes by the brown belt must be logged before allowing testing for Black Belt candidate. Also have to be registered with Goju Ryu Uchiage Kai membership three years consecutive before allowed to test.
- Private lessons MUST be prepaid, or they will be canceled. We are sorry to announce this, but lately we have had an abundance of no-shows, or last minute cancellations. There are no refunds on these types of issues.
- We still have had complaints about people parking in the street waiting to pick up their children. Please pull into a parking place, circle the block, or park in the rear of the school so this does not create an unsafe condition while picking up your child. Thank you!
- Please see Yvonne about any make-up classes you need to schedule. She is always happy to help you! Please Note: Four classes equal one half month which is \$65. Any classes over four is equal to a full month or \$75.
- All Dojo Information see [www.tibonkarate.com](http://www.tibonkarate.com)

Special Announcement! Please look for all of the Great Products that we are selling on our website under "Links and Products" "Products" will now feature the famous "Monavie" Health Drink with the "Acai Berry" and the **19 other power fruits that may well be the Healthiest Drink on the Planet.**

We are now selling "SANBON" Martial Arts Clothing also on line our website. All custom shirts. [www.tibonkarate.com](http://www.tibonkarate.com)



## Tibon's Goju Ryu America's Finest Program

Is a new program Sensei Gene Tibon has dedicated to the Law Enforcement Officers of Stockton, Lodi, Manteca, Lathrop, Tracy, Dept. of Corrections, Parole Agents, Fire Fighters, EMT's, and our Military.

When an Officer, Fire Fighter, or Military Personnel is able to show us an I.D. or a badge Tibon's Goju Ryu will give them the 50% monthly rate of \$65.00 per month. The purpose is our way to say thank you for these Public Safety Officers, First Responders, and our Military Soldiers who put their lives on the line each day to protect the family's of our dojo's.

If you have any of the above in your family and they are interested in taking classes have them call Sensei Tibon or Yvonne Tibon at the main dojo at (209) 465-0943.

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**Our Military Kids, Inc.  
Has Approved  
Tibon's Goju Ryu Fighting Arts Karate Organization  
For Special Military Kids Grants  
For Children of Military Parents who have been called to Active Duty**

Tibon's Goju Ryu is proud to be an approved program to help serve the young children of parents who have been called to active duty and deployed while being a Reserve or National Guard military parent.

If a member of your family qualifies for this grant contact "Our Military Kids, Inc." at (703)734-6654.



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## Sensei Gene Tibon Interview Just Hit Your Local News Stands



**SPRING 2009 ISSUE ON SALE NOW!**

This issue features instruction and insight from these modern masters:

- Tak Kubota (**Karate**) - "**Against The Grain**"
- "The Two Faces of Shaolin" (**Kung Fu**)
- Mauricio "Tinguinha" (**Brazilian Jiu Jitsu**) - "**A Force of One**"
- Gene Tibon (**Karate**) - "**Still Waters Run Deep**"
- Jimmy Pedro (**Judo**) - "**A Piece of Glory**"
- Masterpoints (**Kenpo Karate**)
- Soon Tae Yang (**Kung Jung Mu Sul**) - "**A Treasure of Knowledge**"
- Hidetaka Nishiyama - "**A Measure of a Man**"
- The Bruce Lee Chronicles - **Oakland**
- Bas Rutten (**MMA Training**) - "**Training Ground**"
- Wong Shun Leung Ving Tsun - (**Kung Fu**)
- Hu Jianqiang - "**Wushu Ambassador**"
- Takahiko Ishikawa (**Judo**)
- SEIENCHIN - **Shitei Kata** by Sensei Kunio Miyake
- 2009 NEW SECTION! **COMPARING KICKS - Tae Kwon Do vs. Savate vs. Karate!!!**

Included is a 118 minutes DVD with techniques, interviews, training tips and much more...!

## GENE TIBON STILL WATERS RUN DEEP

By Jose M. Fragas



**S**ensei Tibon is a man of outstanding accomplishments and a leading instructor in the art of Goju Ryu Uchiage-kai Karate. He has devoted himself to the training and study of Martial Arts since an early age when he began practicing under the tutelage of his father. Sensei Tibon's insights into the art are no less exciting than the man himself.

Besides being proficient in the techniques of Karate, Sensei Tibon has the true principles of the philosophy of Budo ingrained within him. This is apparent in the following interview, in which we learn not just about Karate but life itself from the knowledge garnered by this exceptional Karate master.

**How long have you been practicing the martial arts?**

I was introduced to martial arts when I was about 11 years old by my father, Gene D. Tibon Sr., who also is a martial artist in Goju Ryu, Escrima, Judo, and good old-fashioned street fighting. Along with my brother Dimas, sisters Leslie, Regina, and Jackie, and cousins, I learned from my father. So, you can see I have had 41 years of exposure and training in the martial arts, including the years with my father. My grandfather and great-grandfather also were involved in the martial arts. My great-grandfather was a highly experienced Escrimador who actually had to use his art for self-protection. He caused serious injury to seven men who attacked his family. The injuries his attackers sustained were so bad, he had to leave the country for 12 years. What is known of great-grandfather Marcos Tibon, I'm sure his father, grandfather, and his great-great grandfather also were involved or had some knowledge of martial arts. We just have no records that far back. Based on our current knowledge, it has been in my family for at least four generations with me, five generations for my sons, and six generations for my three grandsons, Dylan, Miles, and Quincy, each now training at Tibon's Goju Ryu Fighting Arts, their "Tapa's" dojo in Stockton, California.

**How many styles have you trained in?**

I have been involved mostly with the Goju Kai Yamaguchi system during my childhood and over years with my father,

the Goju Ryu Uchiage-Kai System, then the Yamato Ryu Kobudo system, a little AAU Judo for about two years, and a little bit of Semado Escrima Filipino stick fighting techniques. I am currently a 6th Dan Goju Ryu Uchiage Kai and 6th Dan USA National Karate Federation Dan Certified. For the past 12 years, I have been on the USANKF Technical Committee and a "Class A" examiner for the National Federation, as well as also one of three examiners on the USANKF Coaches Selection Committee the past eight years.

**Would you tell us some interesting stories of your early days in karate?**

I read a lot about the old days of training in Japan and Okinawa, and I was very intrigued by the stories of the old masters who would train in the forest. They wouldn't consider themselves as having true strength in their punches and kicks until they were able to kill a tree. Well, in the front yard of my first apartment, where I lived with my wife and young son Gino, there was a very large tree in the front of my residence. I worked out every day against it, just to develop my strength in my punches and kicks. Being poor in those days, as a young man, and wanting to train hard, we used whatever we could find. One day, my best friend came knocking on the door with a mouse complaint, because the large tree in my front yard was dead. All of the leaves had fallen off and it died up. My father heard about

Next Masters Magazine  
In April 2009

Will be Featuring Sensei Gene Tibon's USANKF of Northern California Grassroots YODP Karate Pilot Program held at the US Olympic Training Center in Colorado Springs, Col.

This exceptional magazine will be highlighting the historic trip of some of our outstanding athletes we hope to be some of our future Olympic Hopefuls in the Summer Olympic Games in 2016



