






# April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> <b>April Fools Day!</b> 	<b>2</b>	<b>3</b> <b>Dojo Closed!</b> <i>Wishing you</i>  <i>a Blessed Good Friday</i>	<b>4</b> <b>Dojo Closed!</b> <b>Easter Weekend!</b>  <b>US Open – Junior Cup</b>
<b>5</b> <b>Dojo Closed!</b> <b>Easter Sunday</b>  <b>US Open – Junior Cup</b>	<b>6</b> <b>Weapons 7:30-9p</b>	<b>7</b>	<b>8</b> <b>Please Make Up</b> <b>Your Classes Early</b> <b>in the Month!</b>	<b>9</b>	<b>10</b> <b>Mighty Mites 4:30-5:30p</b> <b>Advance 5:30-7p</b> <b>Weapons 7 – 8:30p</b>	<b>11</b> <b>Mighty Mites 11-12n</b> <b>12n-1:30p Color Belts</b> <b>Tokubetsu 5-7p</b>  <b>(SEACRET Wow</b> <b>Introduction – Stockton</b> <b>Hilton 1-3pm)</b>
<b>12</b> <b>No Tokubetsu!</b>  <b>All should be at</b> <b>Chuck Sweigart</b> <b>Referee Judges</b> <b>Workshop Main</b> <b>Dojo 11-4pm lunch</b> <b>included!</b>	<b>13</b> <b>Weapons 7:30-9p</b>	<b>14</b>	<b>15</b> <b>Please Make Up</b> <b>Your Classes Early</b> <b>in the Month!</b> <b>Tax Day!</b>  <small>Department of the Treasury Internal Revenue Service</small>	<b>16</b>	<b>17</b> <b>Mighty Mites 4:30-5:30p</b> <b>Advance 5:30-7p</b> <b>Weapons 7 – 8:30p</b>	<b>18</b> <b>Mighty Mites 11-12n</b> <b>12n-1:30p Color Belts</b> <b>Tokubetsu 5-7p</b> <b>Promotion Testing 2pm</b> <b>White/yellow belts</b>
<b>19</b> <b>No Tokubetsu!</b>  <b>USA Grassroots</b> <b>Workshop Series #2</b> <b>Twin Arbors Athletic</b> <b>Club 11-2:30p</b>	<b>20</b> <b>Weapons 7:30-9p</b>	<b>21</b>	<b>22</b> <b>Please Make Up</b> <b>Your Classes Early</b> <b>in the Month!</b>	<b>23</b>	<b>24</b> <b>Mighty Mites 4:30-5:30p</b> <b>Advance 5:30-7p</b> <b>No Weapons</b> <b>Promotion Ceremony</b> <b>White/yellow 7:15p</b> <b>Orange &amp; up 8:15p</b>	<b>25</b> <b>Mighty Mites 11-12n</b> <b>12n-1:30p Color Belts</b> <b>Tokubetsu 5-7p</b> <b>Promotion Testing 2pm</b> <b>Orange &amp; up 2pm</b> <b>Need Parent Boosters</b> <b>Volunteers Set up</b> <b>Lincoln High Qualifier</b>
<b>26</b> <b>No Tokubetsu!</b> <b>USANKF Regional</b> <b>Qualifier Lincoln High</b> <b>School</b>	<b>27</b> <b>Weapons 7:30-9p</b>	<b>28</b>	<b>29</b>	<b>30</b>		

## 2015



# Tibon's Goju Gazette

[www.tibonkarate.com](http://www.tibonkarate.com)

April 2015

## Tournaments & Events This Year

US Open North American Cup Junior International Cup  
Karate Championships Las Vegas, NV Paris Casino  
Hotel Resort. April 2-5, 2015.

Referee Judges Workshop Sensei Chuck Sweigart at  
Tibon's Goju Ryu dojo 11a-4:00pm All Leadership and  
Tokubetsu should attend. April 12<sup>th</sup> Sunday 11-4pm  
Lunch included.

USA Grassroots Karate Workshop Twin Arbor Series #2  
1900 S. Hutchins, Lodi, Ca. 11-2:30pm all Tokubetsu  
And Leadership should attend. April 19<sup>th</sup>, 2015

USANKF of Northern California Western States Regional  
Qualifier Lincoln High School Gym April 26, 2015 Sunday.

Tibon's Goju Ryu 3<sup>rd</sup> Annual Patriot Summer IN HOUSE  
March of the Flags and Olympic Day Celebration  
Lincoln High School June 27<sup>th</sup>, 2015 Saturday.

Tibon's Goju Ryu 31<sup>st</sup> Annual Winter IN HOUSE  
Karate Championships and Black Belts Testing  
December 6<sup>th</sup>, 2015 with Black Belt Testing and Uchiage  
Advance Seminar December 5<sup>th</sup>, 2015 Lincoln High School

## Welcome New Students Tibon's Goju Ryu Organization

Lajaune McElroy Christian Cervantes Paul Kozina  
Everardo Gomez Marshall Fisher Jacob Haddad  
King Thomas Appling Jordan Carpio Noor Jahangin  
Darrian Stevens Austin Convey Cameron Altamirano  
Aiden Acampos Avery Hinton Nickolas Jimenez  
Philip Lopez Elias Melchner Derrica Osborne  
Derrion Osborne Jaxon Whatley Patricio Jimenez  
Nevaeh Cales Leilani Perez Joshua Marshall  
Matthew Sheffield Jiatzi Gomez Alex Leon  
Maxwell Melchner Andre Rodriguez  
Malachi Richardson Justin Von Kram  
Maxi Verduzco James Navarra Nickolas Kanas  
Guimel Ramirez Saroop Sahi

## Sensei Joane Orbon Wins Spot on Team USA to Pan-American Games In Toronto, Canada July 23-26<sup>th</sup>



Sensei Joane Orbon during the Pan-American Games Qualifier wins Paraguay 8-0, then Nicaragua 3-2, and finally after hantei with Brazil wins 3-2 to represent United States at the Pan-American Games in Canada. We will be having fundraisers to help fund some of Joane's competition trips.



**United States Senior National Karate Team  
Member of the USA Olympic Committee**



**United States National Karate Team at the Pan-American Karate Championships in Toronto, Canada March 19 – 21, 2015**

**Sensei Joane Orbon is front row 4<sup>th</sup> from left.**



**North and South American Countries along with the Island Countries in the grand march at the 2015 Pan-American Karate Championships**

## **Re-cap of Sensei Joane Orbon's 2015 Pan-American Karate Championships and the 2015 Pan-American Games Team Trials in Toronto, Canada**

One of our black belt students Joane Orbon from Tibon's Goju Ryu Fighting Arts Karate in Stockton won a USA Team position on the USA Karate Team to the 2015 Pan-American Games in Toronto, Canada in July 23-26, 2015. We have had 6 other athletes at the Pan-American Games Team Trials, but Joane Orbon is the first from our Karate School to make the USA Team. As far as I know no other athlete from the Central Valley has ever made the USA Karate Team to the Pan-American Games other than our Joane Orbon. <http://www.toronto2015.org/sport>

On Wednesday 3/18/15 Joane Orbon fought at the Pan-American Games Qualifier in Toronto, Canada, and was successful in the -61 Kilo Kumite(fighting) division winning over Paraguay 8-0, then winning Nicaragua 3-2, and then tying with Brazil 2-2 and going on to win 3-2 in overtime to win the spot to the Pan-American Games.

On Thursday Joane fought in the Pan-American Karate Championships also the same weekend in Toronto, Canada and fought against Canada and lost that match 2-3, then Canada lost to Brazil so Joane Orbon's opportunity to the consolation bracket did not continue.

On Saturday Joane Orbon was on the USA Women's Black Belt Team Kumite with two other USA Black Belts and beat Venezuela with the first USA athlete losing her first fight 0-5, then second USA fighter tied 2-2, third match was Joane Orbon who had to win for the USA Team to continue the bracket, and Joane pulling out the win 3-2.

The next USA Team Kumite match was with Canada, with Joane winning her first match 6-5, and second fighter won 5-0 winning that bound. Next match was the semi-finals to make the medal round and Brazil wins keeping the USA Team Women to continue.

Joane now heads to Las Vegas April 1-5 for the US Open and fight as a member of Team USA on the North American Cup against Canada, Mexico, and USA.

Then to the USA Karate Nationals and USA Team Trials in Fort Lauderdale, Florida for a chance to make the USA Team to Bolivia in September 2015, then on to the Pan-American Games in July 23-26, 2015.





**42<sup>nd</sup> Annual Uchiage Steveston International Karate  
Championships Richmond B.C. Canada March 7, 2015.**



**Joane Orbon**

Sr. 1<sup>st</sup> Degree Black Belt

**Alyssa Santos**

Sr. 1<sup>st</sup> Degree Candidate

**Annabelle Rankin**

Sr. 1<sup>st</sup> Degree Candidate

**Blake Thurston**

Sr. 1<sup>st</sup> Degree Black Belt

**Kimberly Roberts**

1<sup>st</sup> Degree Candidate

**Dominic Respicio**

Jr. 1<sup>st</sup> Degree Candidate

**Asa Thurston**

Sr. 1<sup>st</sup> Degree Black Belt

**Noah Helsby**

Jr. 1<sup>st</sup> Degree Candidate

**Ronald Jacob Ruiz**

Jr. 1<sup>st</sup> Degree Candidate

**Ryan Ho**

Jr. 1<sup>st</sup> Degree Candidate

**Michelle Cook**

Jr. 1<sup>st</sup> Degree Candidate



**Canada Results**

**Joane Orbon** 1st place light weight women's Black Belt Kumite(fighting), and 2nd place in the Women's Open Weight Kumite.

**Ryan Ho** 2nd place 12-13 yr. old male black belt Kumite.

**Dominic Respicio** 2nd place 14-15 yr. old male black belt Kumite.

**Noah Helsby** 2nd place male black belt 11-12 yr. old kata(forms), 2nd place male black belt Kumite.

**Asa Thurston** 2nd place male black belt 16-17 yr. old kata, and 3rd place 16-17 yr. old black belt kumite.

**Andrew Moore** 3rd place men's Black belt WKF Kata.

**Zoe Harrison** 3rd place 4-5 yr. old Paddle kumite reaction competition.

**29<sup>th</sup> Annual NW Classic Oregon Karate Championships**  
**March 14/15, 2015 Mt. Hood Community College.**



**Curtis Shaw wins Gold Medal against Japan in Kumite**



**Curtis Shaw** 1st gold in adult 18-34 yrs. intermediate kumite(fighting)

**Noah Helsby** 2nd place silver medal male Jr. black belt 10-11 yr. old weapons, 2nd place in Jr. black belt Kumite, 2nd place in Jr. male Kata(forms)



**Jacob Ruiz** 3rd place bronze medal male 14-15 yr old black belt Kumite.  
**Anthony Bonocan** 3rd place bronze medal male 13-14 yr. old black belt kumite.  
**Aleesa Ohata** 4th place in black belt mixed male and female weapons 12-13 yr. old.

## New Black Belts and Black Belt Candidates Congratulations!



**Joane Orbon**

Sr. 1<sup>st</sup> Degree Black Belt

**Blake Thurston**

Sr. 1<sup>st</sup> Degree Black Belt

**Asa Thurston**

Sr. 1<sup>st</sup> Degree Black Belt

**Ronald Jacob Ruiz**

Jr. 1<sup>st</sup> Degree Candidate

**Alyssa Santos**

Sr. 1<sup>st</sup> Degree Candidate

**Kimberly Roberts**

Sr. 1<sup>st</sup> Degree Candidate

**Noah Helsby**

Jr. 1<sup>st</sup> Degree Candidate

**Ryan Ho**

Jr. 1<sup>st</sup> Degree Candidate

**Annabelle Rankin**

Sr. 1<sup>st</sup> Degree Candidate

**Dominic Respicio**

Jr. 1<sup>st</sup> Degree Candidate

**Michelle Cook**

Jr. 1<sup>st</sup> Degree Candidate





# Grassroots Karate Workshops Being Scheduled

April 19<sup>th</sup>, 2015

Great Training Opportunity with Top Instructors in Northern California  
To be hosted at Hiers Goju Ryu Karate at Twin Arbors



**March 29<sup>th</sup> USA Grassroots Karate Workshop a great success with schools from all over Northern California participating. Please attend the next Grassroots At Twin Arbors Athletic Club hosted by Hiers Goju Ryu on April 19<sup>th</sup> Sunday 11-2:30pm**



**Tibon's Goju Ryu Karate**  
**New Internationally certified Kyu Ranks**  
**By Goju Ryu Uchiage Kai member of the Japan Karate Federation (JKF)**  
**Congratulations New Color Belts!**

**Congratulations to our New Color Belts for Month of March 2015!**





**All Leadership and Tokubetsu Should Attend!**

# Hiers' Goju Ryu Karate

## TWIN ARBORS ATHLETIC CLUB

USANKF of Northern California, Inc.  
Regional Sports Organization

PRESENTS



### SENSEI GENE TIBON, NATIONAL DIRECTOR

Founder, USA Grassroots Karate Program

#### DEVELOPMENT WORKSHOP SERIES #2

Grassroots Membership Training Workshop  
Grassroots Coaching Staff of Northern California:  
3 Hour Workshop \$55 (includes cost of lunch)

Rotation training 11 AM - 2:30 PM:  
Kata, Kumite, and Take-Downs

**Twin Arbors Athletic Club**  
1900 S. Hutchins Street  
Lodi, CA 95240



**Adam Tibon (Past)**  
Team USA, Jr. & Sr. - 7 years



**Ronny Guzman (Past)**  
Team USA, Sr. - 4 years



**Eliza Cabanig (Past)**  
Team USA, Sr. - 8 years



**Joane Orbon (Current)**  
Team USA, Jr. & Sr. - 7 years



**Rupert Espinosa (Past)**  
Team USA, Jr. - 4 years



**Cristian Embry (Current)**  
Team USA, Jr. - 4 years



**Amber Ramirez (Past)**  
Team USA, Jr. - 4 years



**Sensei Kathy Doi**  
3-Time World Champ, USKA



**Sensei Ervic Aquino**  
Grassroots Coach



**Sensei David Kaneda**  
Grassroots Coach

#### Also Coaches:

**Sensei Chris Hiers, Sensei Justin Love, Sensei Gino Tibon, Sensei John Chang, Sensei Eric Bonjoc, Sensei Mark Canevari, Sensei Shannon Wong, and Sensei Stephanie Louie**

**SUNDAY  
APRIL 19  
2015**





**All Tibon's Goju Ryu Leadership Should Attend!**



## **USANKF OF NORTHERN CALIFORNIA, INC.**

**Regional Sports Organization for Development of Traditional Karate**

A Non-Profit 501(c) 3 Organization

# Referee and Judges Seminar for **Kumite** and **Kata**



This course will cover the **NEW RULES** adopted by the World Karate Federation and the USANKF. This hands-on seminar will help athletes, coaches, and officials of all levels to keep up-to-date in preparation for the upcoming RSO, Tiger Claw Elite, local, and national-level tournaments.

### **COURSE INSTRUCTOR: SENSEI CHUCK SWEIGART**

World Karate Federation Referee for 17 years

Coach of National and International Champions

- Proper assessment of points and penalties
- Explanation of proper procedures,
- Ring positioning
- Explanation of illegal techniques, holding throws, jogai, mubobi, exaggerating injury, and more.
- Overview, interpretation, and implementation of the new WKF kata rules.

**SUNDAY  
APRIL 12  
2015**

**Time:** 11AM - 4:00PM  
(with 1/2 Hour Lunch Break)

**Cost:** \$50.00 per person

**Contact:** Gene Tibon, President of USANKF of Northern California, Inc. to reserve your class space

**TIBON'S GOJU RYU DOJO**  
923 N. YOSEMITE ST.  
STOCKTON, CA. 95203

**OFFICE: (209) 465-0943**  
**CELL: (209) 406-2776**



## A Fantastic Opportunity for All of our Dojo Family Adults



At a WOW! Party you can revitalize, refresh & renew your skin with some of the finest products on Earth. Experience SEACRET with minerals from the Dead Sea.

Invitation From: TIBON'S GOJU RYU KARATE  
Date & Time: APRIL 11, 2015 SATURDAY 1-3 PM  
Location: STOCKTON HILTON  
RSVP Only: COME ONE COME ALL!



*Please join us for a wow party.*





**The Leadership Team of Black Belt and Brown Belt  
Have Added Green Belt 3 Stripes to  
Leadership Class and Training  
Next Leadership Meeting May 17, 2015 Sunday 11am-1pm**

Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants to the Instructors. It helps develop confidence, taking initiative, understanding customer service, builds team work relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue, and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, along with the development of their interpersonal skills.

Once a month we have a Leadership meeting for two hours, which will include lunch. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. Once they have received their Associates, Bachelors, and/or Master's Degree, they find that our Leadership Class has prepared them for the Management positions they may have applied for.

We go beyond teaching great martial arts. During their training in Goju Ryu Karate; we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives.

We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

Any questions please call Sensei Gene Tibon at the main dojo at (209) 465-0943.





**Sensei Toshihiro Oshiro**

**Yamani Ryu Weapons Seminar**

**Sunday May 17, 2015**

**Tibon's Goju Ryu Main Dojo**

**Beginner/Novice Class 3p-4pm**

**Intermediate/Advance 4p-5pm**

**\$25.00 per person**

**Part of Weapons Class Requirement is Student Should Participate in Yamani Ryu Weapons Seminar With one of the Top Weapons Masters in the World**



**The USANKF of Northern California Inc.**

Presents

**USA-NKF of Northern Calif. Inc.  
Western States Invitational National Karate Qualifier  
Tournament  
&  
USA Grassroots Karate Program Development  
Cup Competition**

**Sunday April 26<sup>th</sup>, 2015 Tournament  
Stockton, CA  
Lincoln High School Gymnasium  
Doors Open 8:00am  
6844 Alexandria Pl, Stockton, CA 95207**



*USA Grassroots Karate Program ®  
Japanese Okinawa Karate*

Official  
Representative of



*Member  
United States Olympic Committee*

**Sanctioned by:  
United States of America National Karate-do Federation  
Member of the USA Olympic Committee**

**For Questions call Gene Tibon – President  
(209) 465-0943**

