

June							
			Tue	Wed	Thu	Fri	Sat
				1  Please Make Up Your Classes Early in the Month!	2	3 Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p	4 No Mighty Mites No Color Belts No Tokubetsu All at Picnic Tibon's Parent Annual Potluck Summer Picnic Micke Grove 11-4p See newsletter
5 No Tokubetsu 2 All at USA Grassroots Karate Workshop Twin Arbors 11am – 2:30pm	6 Weapons 7:30-9p	7	8  Please Make Up Your Classes Early in the Month!	9	10 Mighty Mites 4:30-5:30p Advance 5:30-7p No Weapons Combined Promotion Ceremony White/yellow and Orange & up all 7:15pm	11 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7p  Promotion Testing 2pm White & Yellow, Orange and Up Combined testing!	
12 Tokubetsu-2 9-11a  Leadership 11-1pm	13 Weapons 7:30-9p	14	15  Please Make Up Your Classes Early in the Month!	16	17 Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p	18 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7p	
19 Tokubetsu 2 No Happy Father's Day 	20 Weapons 7:30-9p  Tibon's Daytime Karate Camps Begin! 9-12noon	21   Karate Camp 9-12noon	22  Please Make Up Your Classes Early in the Month!  Karate Camp 9-12noon	23   Karate Camp 9-12noon	24 Mighty Mites 4:30-5:30p Advance 5:30-7p No Weapons 7-8:30p  Karate 9-12noon Camp	25 Mighty Mites No Color Belts No Tokubetsu No All should be at USA Grassroot Karate Camp Crossfit 209 on 8 Mile Rd. From 8a-1:30pm	
26 Tokubetsu 2 NO All Should be at USA Grassroots Karate Camp Crossfit 209 8mi Rd. 8a -1:30pm	27 Weapons 7:30-9p  Karate Camp 9-12noon	28   Karate Camp 9-12noon	29  Please Make Up Your Classes Early in the Month!  Karate Camp 9-12noon	30   Karate Camp 9-12noon	1   Karate Camp 9-12noon	2	

2016

2016



# Tibon's Goju Gazette



[www.tibonkarate.com](http://www.tibonkarate.com)

June 2016

## Tournaments & Events This Year

Tibon's Parent Club Annual Summer Picnic Saturday June 4, 2016 11:00am – 4:00pm Potluck Picnic at Micken Grove A-I bring Main Dish, J-R bring Side Dish, S-Z Bring Dessert. Special note: \$5 Park Admission info. Contact Paula Gonzales (209) 683-6082

Grassroots Karate Workshops June 5<sup>th</sup> Twin Arbors For world class training with world class Sensei's open To all Tibon's Karate students Orange belt and above. Contact Sensei Tibon (209)406-2776 cell

Tibon's Goju Ryu Karate daytime camps from 9am-12pm At Main Dojo 923 N. Yosemite St. \$170 per week call dojo At (209) 465-0943 to register. Starting June 20-24, June 27-July 1, July 11-15<sup>th</sup>, July 18-27<sup>th</sup>. Great time for beg/Nov, And intermediate level students development.

Grassroots Karate Camp June 25 & 26, 2016 Saturday And Sunday with World Champion Sensei Abdesselem Tareq Head Coach Indonesia National Team. Held at Crossfit 209 Team Elevate Facility 3400 E. Eight Mile Rd. Register On Line: [www.karateTmaster.com](http://www.karateTmaster.com)

International Traditional Karate-do Championships July 22-24, 2016 Tournament Seminar. Soka University Costa Mesa Hilton Pre-register by July 14<sup>th</sup>, 2016 [Dentokaratetournament.com](http://Dentokaratetournament.com)

Tibon's Goju Ryu 32nd Annual Winter IN HOUSE Karate Championships December 2016 Lincoln High School and Advance Seminar and Black Belt Testing.

## Welcome New Students Tibon's Goju Ryu Organization

Iran Resendiz Mariana Diggs Adrian Arias  
Chance Posada Maximillion Cazares Hector Cazares  
Valery Cazares Kahlaya Gates Qaswa Khan  
Colton Sublaban Mafeo Heilman Justin Hoffman  
Maximus Durrer Anderson Lim Riley Robbins  
Jaden Sanchez

Welcome Back: Alex Franco

## 49<sup>th</sup> Annual Japan Karate-do Ryobu-kai Tournament Results Great Tournament - Great Fun!



Tibon's Goju Ryu Fighting Arts Competition Team in Anaheim, Calif. At the famous Medieval Times having a great time with fellow competitors and families.

### Results

**Asa Thurston** gold medal 16-17 yr. old black belt Kumite (fighting), bronze medal for black belt Kata (forms).

**Samson Helsby** gold medal 5-6 yr. old boys beg/novice kata, gold medal boys 5-6 yr. old beg/novice Kumite.

**Noah Helsby** gold medal in Jr. Black belt Weapons, and bronze in 12 yr. old black belt.

**Chris Gong** bronze medal in 9 yr. old advance kata, bronze medal 9 yr. old advance Kumite, bronze medal 9 yr. old weapons.

**Ellis Chen** silver medal 15 yr. old advance kumite.

**Elijah Infante and Barry Keane** honorable mention.

We are taking another Tibon's Goju Ryu Karate competition group to 2 day event in Southern California July 22-24<sup>th</sup>, and planning to do the same type trip with going to competition, and entertainment with Pirates of the Caribbean. Call dojo for information (209) 465-0943. Competition is for orange belt and above in ranking. Any students can go!



## **TIBON'S PARENTS CLUB ANNUAL SUMMER PICNIC**

**Saturday – June 04, 2016**

**Micke Grove Park, Lodi, CA – 11:00am til 4:00pm**

**This will be a POTLUCK Picnic event!**

**A – I = Main Dish**

**J – R = Side Dish**

**S – Z = Dessert**

Please remember to bring your own drinks and chairs  
there will be fun and games for the whole family and  
music provided by our very own DJ Sensei Justin Love  
**Special Note:** \$5 Park Admission a safe and clean facility.



# Hiers' Goju Ryu Karate

## TWIN ARBORS ATHLETIC CLUB

USANKF of Northern California, Inc.  
Regional Sports Organization

PRESENTS



### SENSEI GENE TIBON, NATIONAL DIRECTOR

Founder, USA Grassroots Karate Program

#### DEVELOPMENT WORKSHOP SERIES #1

Grassroots Membership Training Workshop  
Grassroots Coaching Staff of Northern California:  
3 Hour Workshop \$60 (includes cost of lunch)

Rotation training 11 AM - 2:30 PM:  
Kata, Kumite, and Take-Downs

**Twin Arbors Athletic Club**  
1900 S. Hutchins Street  
Lodi, CA 95240



**Adam Tibon (Past)**  
Team USA, Jr. & Sr. - 7 years



**Ronny Guzman (Past)**  
Team USA, Sr. - 4 years



**Eliza Cabanig (Past)**  
Team USA, Sr. - 8 years



**Joane Orbon (Current)**  
Team USA, Jr. & Sr. - 9 years



**Rupert Espinosa (Past)**  
Team USA, Jr. - 4 years



**Cristian Embry (Current)**  
Team USA, Jr. - 4 years



**Amber Ramirez (Past)**  
Team USA, Jr. - 4 years



**Sensei Kathy Doi**  
3-Time World Champ, USKA



**Sensei Ervic Aquino**  
Grassroots Coach



**Sensei David Kaneda**  
Grassroots Coach



**Sensei John Chang**  
Grassroots Coach

### Also Coaches:

**Sensei Chris Hiers, Sensei Justin Love, Sensei Gino Tibon, Sensei Eric Bonjoc,  
Sensei Mark Canevari, Sensei Shannon Wong, and Sensei Stephanie Louie**

**SUNDAY  
JUNE 5  
2016**



Register At Tibon's Goju Ryu Main Dojo (209) 465-0943 or at the Door Twin Arbors June 5<sup>th</sup>!



USANKF OF NORTHERN CALIFORNIA, INC.  
REGIONAL SPORTS ORGANIZATION

AND

HIP (HUMAN IMPROVEMENT PROJECT)  
CROSSFIT 209 TEAM ELEVATE



**SENSEI GENE TIBON,  
NATIONAL DIRECTOR**  
Founder, USA Grassroots Karate Program

**PRESENTS**

**SENSEI  
ABDESSELEM  
TAREQ**

**Head Coach  
Indonesia National Team  
(4 Gold Medals at Jr. Worlds)**



**Grassroots Membership Training Workshop**  
Grassroots Coaching Staff of Northern California:  
**Workshop \$85/day**  
**(\$160 if signed up for both days in advance)**  
(includes cost of lunch)

**Karate camp hours: 8AM - 1:30PM**

**Crossfit 209 Team Elevate Facility**  
**3400 E. Eight Mile Road**  
**Stockton, CA 95207**

<b>2016</b>	<b>Master Training Camp (France)</b>
<b>2013-2015</b>	<b>Head Coach Thailand National Team (3rd Overall Team, behind Iran and Japan at Asian Pacific Championships)</b>

**As Competitor:**

- World Ranking #2 WKF K1 Premier League 2011 (-84Kg)
- Gold Medals President Cup 2008 (-80Kg) *Baku, Azerbaijan*
- Gold Medals President Cup 2007 - Seniors (-80 Kg) *Tehran, Iran*
- Gold Medals Milan Open 2007 - Seniors (-80 Kg) - *Milano, Italy*
- Gold Medals "Cup of Kings" 2009 - Seniors (-80 Kg) - *Rabat, Morocco*
- Gold French Champ of Regions 2008, 2010-2011 - Seniors - *Paris, France*
- Silver Medals Dutch Open 2012 - K1 Premier League - *Netherlands*
- Silver Medals Istanbul Open 2011 - K1 Premier League - *Turkey*
- Silver Medals French Cup 2009 - Seniors - Team - *Paris, France*
- Silver Medals "Copa Del Madrid" 2012 - *Madrid, Spain*
- Silver Medals Montenegro-Karate Premier League - *Montenegro*
- Silver Medals "Le Hetet Cup" - Seniors (+76 Kg) - *Carcassonne, France*
- Silver Medals Dutch Open 2012 - K1 Premier League - *Netherlands*

Register online: [www.karateTmaster.com](http://www.karateTmaster.com)  
Host Hotel: Stockton Hilton \$129 / night (King bed w/ sofa bed)  
Coupon code: "Grassroots Karate"  
Sales Office: (209) 956-1310

**ROOM BLOCK ENDS 06/3/2016  
REGISTER EARLY!**

2323 Grand Canal Blvd. Stockton, CA 95207

[http://www.hilton.com/en/hi/groups/personalized/S/SCKSTHF-GRASSR-20160624/index.jhtml?WT.mc\\_id=POG](http://www.hilton.com/en/hi/groups/personalized/S/SCKSTHF-GRASSR-20160624/index.jhtml?WT.mc_id=POG)

**JUNE 25 & 26, 2016**



Register ON LINE: [www.karateTmaster.com](http://www.karateTmaster.com) or at Tibon's Goju Ryu Main Dojo Yosemite St.



## Tibon's Goju Ryu Fighting Arts Summer Camp

# 2016 Karate Summer Camp

**Sign up for 2 weeks and receive a free karate uniform!**

**All Campers Receive a Tibon's Goju Ryu T-shirt**

Half day: 9am – 12pm \$170

Ages 5 – 12 Monday – Friday

No karate experience necessary!

Discounts if Register before May 31st

**EMPHASIS IS ON KARATE ONLY**

**STUDENTS ARE RESPONSIBLE TO  
BRING THEIR OWN SNACKS!**

**IF LESS THAN 5 IN CAMP WEEK WILL  
BE CANCELLED!**

### **AVAILABLE CAMP WEEKS**

\_\_\_ June 20 - 24

\_\_\_ June 27 - July 1

\_\_\_ July 11-15th

\_\_\_ July 18 -27th

**REGISTER EARLY FOR DISCOUNT OPPORTUNITIES! IF YOU REGISTER BEFORE MAY 31<sup>ST</sup> HALF DAY WILL BE \$160. IF YOU REGISTER AFTER MAY 31<sup>ST</sup> THE PRICE WILL BE \$170 FOR HALF DAY.**

**Take advantage of Early Sign up Discounts!**

**Extended care 8-9am and 12-1 pm: \$15 per hour**

**\*\*Siblings receive a 15% discount per week**

**923 N. Yosemite St.**

**Stockton, Ca. 95203**

**or FAX TO (209) 465-1517**

**Office (209) 465-0943**

Parents name..... Yes, I want to purchase a gi (\$30).....

Student's name.....Student's Age.....

Telephone number.....E-mail address.....

Credit Card Visa/Master/Amex.....Exp. date.....CCV#.....

Zip Code .....

Signature.....

# Tibon's Goju-Ryu Fighting Arts



**Students and Parents here is great opportunity for your family and friends to join. Pass the word!**

## Choose from Three Options

\$25 for one month of classes (a \$165 total value)

1-time registration  
1 month of classes

\$45 for two months of classes (a \$285 total value)

1-time registration  
2 months of classes  
form

\$55 for three months of classes (a \$375 total value)

1-time registration  
3 months of classes  
form

*Go* is Japanese for hard, *ju* means soft, and the phrase *goju ryu* refers to a type of karate, pioneered in 1930, that uses both types of movements. "Hard" generally refers to closed-hand attacks. "Soft" generally describes open-handed and circular motions used in defense or grappling. He estimates that he's trained hundreds of athletes who went on to win national and international competitions. He also lent his martial arts and instruction skills to an array of outreach organizations. On the mat at one of his studio's multiple locations, however, Sensei Tibon directs his focus completely to the lesson at hand, which can be anything from a weapons class or beginner classes for kids aged 4 to 12, teens, and adults. Promotional value expires 90 days after purchase. Amount paid never expires. Not valid for clients active within the last 12 months. Must sign waiver. Subject to availability. Limit 1 per person, may buy 1 additional as a gift. Valid only for option purchased. All goods or services must be used by the same person. Uniform not included with the 1 month option. Valid only at listed location. Merchant is solely responsible to purchasers for the care and quality of the advertised goods and services.







