

August

Tue

Wed

Thu

Fri

Sat

1

2

3

Mighty Mites 4:30-5:30p
Advance 5:30-7p
Weapons 7-8:30p

4

Mighty Mites 11-12n
12n-1:30p Color Belts
No Tokubetsu

Japanese Obon Festival
Demonstration starts at
4:30p Buddhist Church on
Shimizu Dr.

5

Tokubetsu-2 9-11a

6

7

8

Please Make Up
Your Classes Early
in the Month!

9

10

Mighty Mites 4:30-5:30p
Advance Class 5:30 –
7:00p
No Weapons

Promotion Ceremony
White/yellow/All 7:15p

11

Mighty Mites 11-12n
12n-1:30p Color Belts
Tokubetsu 5-7p

Promotion Testing 2pm
White & Yellow, Orange and
Up Combined testing

12

Tokubetsu-2 9-11a

Leadership mtg 11a-1p



13

14

15

16

Sensei Julian
Sepulveda off to
College San Jose State!
Good luck Julian and
Sensei Elijah headed to
College in Texas

17

Mighty Mites 4:30-
5:30p
Advance 5:30-7p
Weapons 7-8:30p

18

Mighty Mites 11-12n
12n-1:30p Color Belts
Tokubetsu 5-7p
Noah Helsby leaves to
Brazil Pan-Am Karate
Championship good luck!

19

Tokubetsu-2- 9-11am

Noah Helsby to Brazil
Pan-Am Karate
Championship good
luck!

20

Noah Helsby Brazil
Pan-Am Karate
Championship good
luck!

21

Noah Helsby Brazil Pan-
Am Karate
Championship good
luck!

22

Please Make Up Your
Classes Early in the
Month!

Noah Helsby Brazil
Pan-Am Karate
Championship good
luck!

23

Noah Helsby Brazil
Pan-Am Karate
Championship good
luck!

24

Mighty Mites 4:30-
5:30p
Advance 5:30-7p
Weapons 7-8:30p

Noah Helsby Brazil
Pan-Am Karate
Championship good
luck!

25

Mighty Mites 11-12n
12n-1:30p Color Belts
Tokubetsu 5-7p

Noah Helsby Brazil Pan-
Am Karate
Championship good luck!

26

Tokubetsu-2 9-11am
Noah Helsby Brazil Pan-Am
Karate Championship

27

28

29

Please Make Up Your
Classes Early in the
Month!

30

31

2018



Tibon's Goju Gazette



www.tibonkarate.com

August 2018

Tournaments & Events This Year

Tibon's Goju Ryu Karate Demo at annual Japanese Obon Festival at the Buddhist Church on Shimizu Drive on August 4th Saturday at 4:15pm

Bay Area Cities Karate and Kobudo Championships Sunday November 12, 2018 at San Mateo High School.

Tibon's Goju Ryu 34th Annual Winter IN HOUSE Karate Championships December 2, 2018 Lincoln High School, And Advance Seminar and Black Belt Testing Dec.1st 2018 Saturday

Welcome New Students Tibon's Goju Ryu Organization

Hannah Watkins Tyler Fortes Michael Harris Amy Nailen
Athan Rios Isaiah Jimenez Jeremiah Szemanski Jace Ahoorai
Jayden Pierce Charlotte Pinola Mathias Oller Luke Sell
Ryan Sell Justin Meissner Emily Korock

Welcome Back: Gwendolyn Sell



Promotion Testing!

August 10th Promotion Ceremony 7:15p Friday

August 11th Saturday Promotion Testing 2:15pm

White & Yellow, Orange and Up Combined testing!

Start checking in 2pm



Sunday August 12th 11am – 1pm
Leadership Meeting Ranking Green 3 & up only!
Main dojo

Congratulations

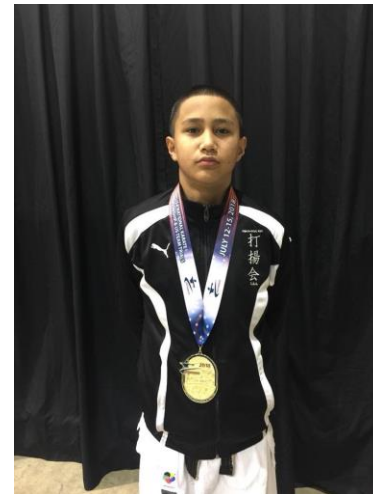
Senpai Noah Helsby

Wins the Gold Medal -52 kilo Kumite

At the USA Team Trials Reno at the Convention Center

XXIX Pan-American Karate Championships

in Rio De Janeiro



Noah Helsby a 2nd Degree Jr. black belt winning by going undefeated with 4 fights with the top rated athletes in the USA on the 14-15 Male Elite Kumite -52kg to represent USA at the 2018 Jr. Pan American Championships in Rio De Janeiro Brazil August 18-25, 2018. Noah has been training since age 3 at Tibon's Goju Ryu Fighting Arts Karate in Stockton, and now is rated the best in the USA for this black belt division by winning the Team Trials in Reno. Noah is a straight A student in school, and assists teaching for juniors at Tibon's Goju Ryu Karate main dojo, and at Victory Outreach Martial Arts Program (VOMAP). A fundraiser for Noah Helsby to help with the cost of his trip is at: https://www.gofundme.com/noah039s-journey-to-pkf-championship?utm_source=internal&utm_medium=email&utm_content=cta_button&utm_campaign=upd_n

Tibon's Goju Ryu Karate Team
At
USA Karate Nationals Championships and USA Team Trials



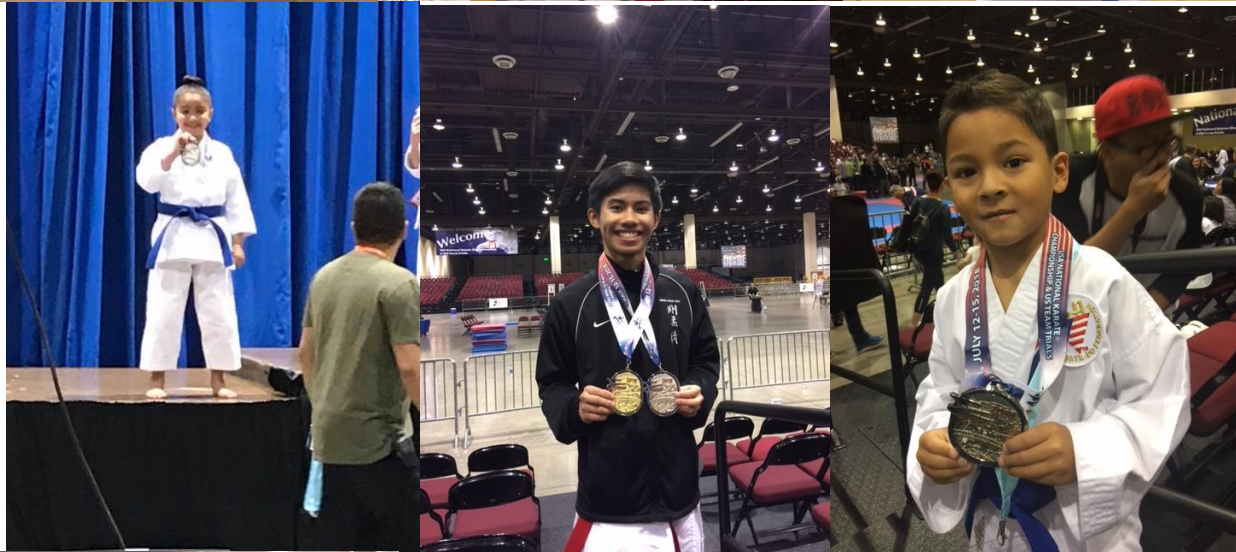
USA Karate CEO Phil Hamphel and Joane Orbon Female Athlete of the Year



Gold medal Noah Helsby

Tibon's Goju Ryu Karate athletes did an outstanding job at the 2018 USA Karate Nationals and USA Team Trials July 10-15, 2018 at the Reno/Sparks Convention Center competing with the best Karate competitors in the country. The coaching talent of Sensei Adam Tibon, Sensei Courtney Embry, Sensei Andrew Moore, Sensei Eliza Cabanig, Sensei Asa Thurston, and me worked as a coordinated coaching team to cover all of our athletes as they competed on 12 different competition mats all over the convention center. With our outstanding athletes, who have been preparing the last 6-8 months brought home 13 gold, 7 silver, and 9 bronze medals. There were many medals that should have been gold and bronze by just one point difference. Outstanding Job All!

**Golden Moments at USA Nationals and USA Team Trials
Reno Convention Center July 10-15, 2018**





Arin Helsby USA National Team Pool in 3rd place – Sammy Helsby Gold – Angelina Nguyen Gold (far right)



Tibon's Goju Ryu Karate Team - USA Nationals and USA Team Trials Results

Thirty six members of Tibon's Goju Ryu Fighting Arts Karate studio travelled to the USA Karate Nationals and USA Team Trials, member and sanctioned by the USA Olympic Committee last week July 10-15, 2018 at the Reno/Sparks Convention Center. Our athletes from Stockton were able to place 3 athletes on Team USA National Karate Team. **Joane Orbon** a 2nd degree black belt won gold medal in the Elite Open Weight Kumite(fighting) all weights division, and silver medal in the Women's Elite -61 kg to qualify for the USA Team Selections at the USA Olympic Training Center in January 2019 for a spot on Team USA to the Sr. Pan-American championships in South America. Joane Orbon won the Gold medal at this year 2018 Pan-American Karate Championships this year in Santiago, Chile. Joane also was awarded the USA Karate Female Athlete of the Year Award by the CEO Phil Hamphel of USA Karate, the NGB for Karate for the US Olympic Committee for her outstanding achievement of being rated 7th in the World for Olympic Rankings toward a spot at the 2020 Olympic Summer Games in Tokyo, Japan.

Noah Helsby 2nd Degree Jr. black belt winning by going undefeated with 4 fights with the top rated athletes in the USA on the 14-15 Male Elite Kumite -52kg to represent USA at the 2018 Jr. Pan American Championships in Rio De Janeiro Brazil August 18-25, 2018. Noah has been training since age 3 at Tibon's Goju Ryu Fighting Arts Karate in Stockton, and now is rated the best in the USA for this black belt division by winning the Team Trials in Reno.

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Arin Helsby 1st Degree Jr. Black belt won bronze medal in the 12-13 Female Elite Kumite -42kg division finishing in the USA National Team Pool in the third position, and could be going to Brazil also if the number one and two athletes are unable to make the trip. Arin Helsby won all her matches except the one match to move her forward to fight for the gold medal. We are proud of Arin Helsby, who started at the age of 5 years old, now a member of the USA National Team Pool, and continues to keep training in case she gets the call to join Team USA at the Pan-American Team to Brazil.

Ellis Chen gold medal USA National Champion male black belt Goju Ryu Kata, bronze medal black belt 17 yr. old advanced Kumite, bronze medal 16-17 yr. old Male Advance Long Weapons.

Tristan Sin gold medal USA National Champion 9 & Under Male int/advance Short Weapons.

Angelina Nguyen gold medal USA National Champion 12-12 yr. old Female intermediate Short Weapons, bronze medal 12 yr. old Female Intermediate Kumite.

Asa Thurston gold medal USA National Champion Men's 18-34 yr. old Male advance long Weapons.

Romuald Francis Yang gold medal USA National Champion Men's 18-34 yr. old Advance Short Weapons, silver medal 16-34 yr. old Male advance Goju Ryu Kata, and silver medal Male advance Kumite -75kg.

Ezra Thurston gold medal USA National Champion 17 yr. old Male intermediate Kata, silver medal 17 yr. old intermediate Kumite.

Samson Helsby gold medal USA National Champion 7 yr. old Male intermediate Kumite. bronze medal 7 yr. old Male intermediate Kata.

Zoe Harrison gold medal USA National Champion

Matthew Mojica gold medal USA National Champion 16 yr. old Male intermediate Kumite, silver medal 16 yr. old Male intermediate Kata.

Sydney Tran gold medal USA National Champion 6 yr. old Female novice Kumite.

Caitlin Vaughn silver medal 17 yr. old Female intermediate Kata.

Aiden Hernandez silver medal 6 yr. old Male novice Kata, bronze medal 6 yr. old Male novice Kumite.

Mary Valenzuela silver medal 8 yr. old Female novice Kata.

Jayden Maiorano bronze medal 14 yr. old Male novice Kata, bronze medal 14 yr. old Male novice Kumite.

Cash Gapusan bronze medal 9 yr. old Male intermediate Kata.

Tibon's Goju Ryu Fighting Arts Organization
Thank you For Your Vote and Support
For Pride in Our Karate Program



**Tibon's Goju Ryu Karate Summer Camps
Great Job All!
Sensei Asa Thurston Does an Incredible Camp**



Sensei Joane Orbon's Fundraiser National Preparation Camp Raises \$5,000 for Sensei Joane's International Competition Travel – Thank you all who supported! Especially International Coach Tareq Abdesselem, who is Sensei Joane Orbon's new Husband! Congratulations Joane and Tareq! What a Team!



Tibon's Goju Ryu Karate Summer Camp for 4 weeks with many athletes each week! Thank you Sensei Asa Thurston and the many Leadership students who came to help assist in teaching the Summer Karate Camp



**The Leadership Team of Black Belt, Brown Belt, and 3 Stripe Green Belt
Leadership Class and Training
Next Leadership Meeting August 12th, 2018 Sunday 11am - 1pm**

Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants, to the Instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue, and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, and jobs along with the development of their interpersonal skills.

Once a month we have a Leadership meeting for two hours, which will includes lunch. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. Once they have received their Associates, Bachelors, and/or Master's Degree, they find that our Leadership Class has prepared them for the Management positions they may have applied for.

We go beyond teaching great martial arts. During their training in Goju Ryu Karate; we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives.

We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

Thank you to all Karate Families and Friends who help support Senpai Noah Helsby for his Trip to Rio De Janeiro Brazil as a member of Team USA to the Pan-American Karate Championships.

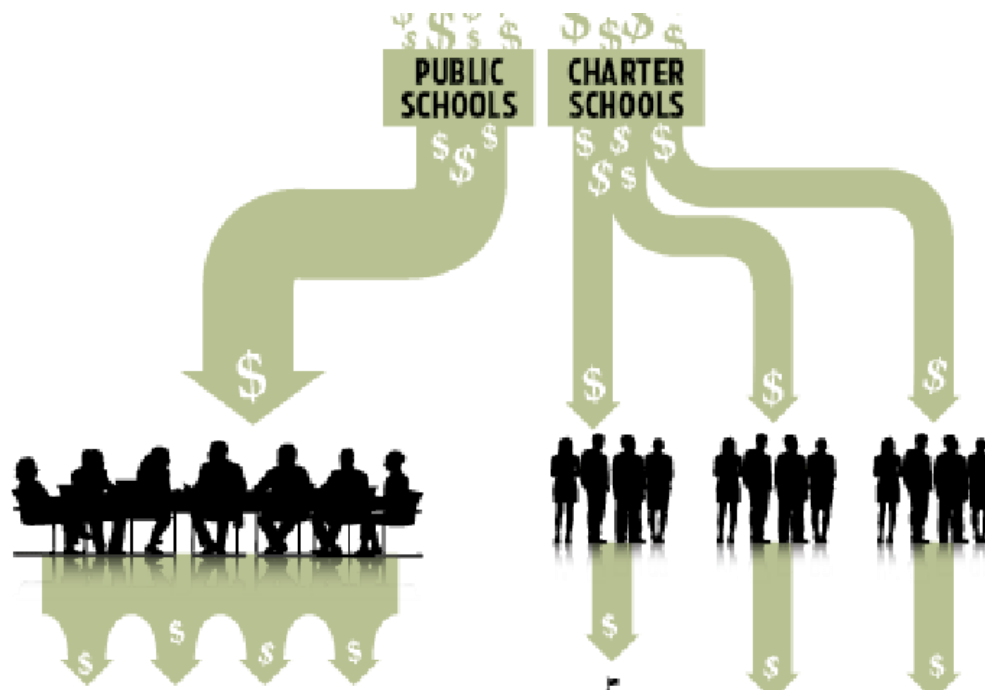
We are still raising funds for the cost of the trip for his family. Every little bit helps!

Thank you so much!

<https://www.gofundme.com/noah039s-journey-to-pkf-championship>



**New Team USA member Senspai Noah Helsby and
Past 8 yr. member of Team USA Jr. and Sr. Sensei Adam Tibon Noah's Kumite Coach
Noah went undefeated at USA Team Trails at the Reno/Sparks Convention Center July 10-15,2018**



Charter School Students

Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin

For P.E. Alternative School Program

Check Your Charter School to see if they will fund your Karate Lessons at Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943

We are currently working with the following:

**Connecting Waters Charter School
 Visions in Education Charter School
 New Jerusalem Elementary Charter Program
 Pacific Charter Institute Charter Program
 Rio Valley Charter School
 St. Mary's High School P.E. Alternative Grades
 Great Valley Academy Charter Home School**

