



June		Tue	Wed	Thu	Fri	Sat
			Please Make Up Your Classes Early in the Month!			<b>1</b> Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu – 5-7p
<b>2</b> Tokubetsu-2 9-11am Leadership mtg 11a-1p 	<b>3</b> Summer Camp 9am-12noon  Weapons 7:30p-9:00p	<b>4</b> Summer Camp 9am-12noon	<b>5</b> Summer Camp 9am-12noon  Please Make Up Your Classes Early in the Month!	<b>6</b> Summer Camp 9am-12noon	<b>7</b> Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p  Summer Camp 9am-12noon	<b>8</b> Mighty Mites 11-12n 12n-1:30p Color Belts No Tokubetsu All Leadership needed! Olympic Day Summer IN HOUSE Gym Setup Lincoln HS Gym loading 9:00a gym setup 10a-3p
<b>9</b> NO Tokubetsu-2  Olympic Day Celebration Summer IN HOUSE Karate Championships Lincoln High School Gym 8:30am Doors Open	<b>10</b> Weapons Combined 7:30p-9:00p  Summer Camp 9am-12noon	<b>11</b>  Summer Camp 9am-12noon	<b>12</b> Please Make Up Your Classes Early in the Month!  Summer Camp 9am-12noon	<b>13</b>  Summer Camp 9am-12noon	<b>14</b> Mighty Mites 4:30-5:30p Advance 5:30-7p No Weapons Promotion Ceremony White/yellow/All 7:15p  Summer Camp 9am-12noon	<b>15</b> Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7p Promotion Testing 2pm White & Yellow, Orange and Up Combined testing
<b>16</b> Tokubetsu-2-No Class Happy Father's Day 	<b>17</b> Weapons Combined 7:30p-9:00p	<b>18</b>	<b>19</b> Please Make Up Your Classes Early in the Month!	<b>20</b> Tibon's Grassroots Karate Camp Lake Tahoe 1 <sup>st</sup> Day check-in	<b>21</b> Dojo Closed! Tibon's Grassroots Karate Camp Lake Tahoe 2nd Day Training starts	<b>22</b> Dojo Closed! Tibon's Grassroots Karate Camp Lake Tahoe 3 <sup>rd</sup> Day Karate Training
<b>23</b> Dojo Closed! Tibon's Grassroots Karate Camp Lake Tahoe Final Day Training	<b>24</b> Weapons 7:30p-9:00p  Tibon's Grassroots Karate Camp Lake Tahoe Check-out 12noon	<b>25</b>	<b>26</b> Please Make Up Your Classes Early in the Month!	<b>27</b>	<b>28</b> Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p	<b>29</b> Mighty Mites 11-12n 12n-1:30p Color Belts No Tokubetsu – USANKF of Nor Cal Live Shooter Seminar 2p-6pm Sensei Justin Love Happy Birthday Mrs. Tibon!
<b>30</b> Tokubetsu-2 9-11am						

2019



# Tibon's Goju Gazette



www.tibonkarate.com

June 2019

## Tournaments & Events This Year

June 9<sup>th</sup> Olympic Day Celebration Tibon's Goju Ryu Patriot Summer IN HOUSE Karate Invitational Western States Karate Championships Lincoln High School. Manual registration sheets are out Now, SOON able to register ON LINE [www.karateTmaster.com](http://www.karateTmaster.com)

June 20-24, 2019 USA Grassroots Tibon's Goju Ryu Summer Karate Camping Trip Fitness Challenge and Karate Training Camp Richardson South Shore Lake Tahoe. You Can still Register for camp site. Please see Yvonne Tibon or Alyssa or Courtney Embry for signup information.

June 29<sup>th</sup> "Active Threat Response" TRAINING SEMINAR USANKF of Northern California, Inc and Tibon's Goju Ryu Fighting Arts at main dojo at 923 N. Yosemite St. Taught by Sensei Justin Love. Develop your Self-defense attitude for an attack that can happen anywhere.

July 9-14, 2019 USA Karate Nationals and USA Team Trials Chicago, IL Schaumburg Convention Center.

Tibon's Goju Ryu 35<sup>th</sup> Winter IN HOUSE Invitational Karate Championships Sunday December 8<sup>th</sup>, 2019. Black Belt Testing December 7<sup>th</sup>, 2019 Saturday

## Welcome New Students Tibon's Goju Ryu Organization

Neython Saavedra   Dominic Corinilla   Aherlin Rowinal  
Jaylon Branswick   Isabella Gonzalez   Charlotte Gonzalez  
Gavin Acosta   Matthew Godfry   Elijah Miles   Aiden Jurado  
Andrea Elias   Logan Lindeman   Jessie Newlin   Hayden Acosta  
Elijah Grable

Welcome back: Ricky Tabarez



## Promotion Testing!

June 14<sup>th</sup> Promotion Ceremony 7:15p Friday  
June 15<sup>th</sup> Saturday Promotion Testing 2:15pm  
White & Yellow, Orange and Up Combined testing!  
Start checking in 2pm - Need Leadership for Testing Saturday!



Sunday Leadership-Olympic Day Celebration Summer Patriot Karate Championships June 2<sup>nd</sup> 11am – 1pm Leadership Meeting Ranking Green 3 –Black Belts Only! Main dojo meeting location.  
Referee, Judges, Scorekeeping, Timekeeping Training and assignments

## Tibon's Goju Ryu Black Belts Win Grand championships Gold Medals and \$200 Checks American Junior Karate League Karate Championships



**Noah Helsby** Gold medal male 14-15 yr. old -60Kg black belt Kumite (fighting). Gold medal in the Grand Finals and win \$200 Scholarship Check.

**Armando Lopez** Gold medal male 12-13 yr old gold medal in black belt Kata Grand finals and \$200 Scholarship check, and silver medal in Kata male advance division 12-13 yr old, and bronze medal male black belt Kumite.

**Arin Helsby** Silver medal female black belt 14-15 yr old Kumite -60Kg.

**Cayla Gapusan** Gold medal 14-15 yr old black belt Kata, silver medal female 14-15 yr old Kata Grand Finals, and silver medal girls 14-15 yr old +50Kg Kumite.

**Samson Helsby** Gold medal boy's 8-9 yr old advance kumite, silver medal boy's 8-9 yr old Kata.



# Great Success USA Grassroots Karate Workshop Series #2

## At Twin Arbors Athletic Club

### Self Defense Training - Competition Techniques -Strategy



USANKF of Northern California, Inc is a non-profit 501(c)3 organization, which Sensei Gene Tibon is President, Sensei Chris Hiers is Vice President, Sensei Courtney Embry is Treasurer, USA Grassroots is a division for the USANKF of Northern California, which has a Coaching Staff of some of the best Coaches in the country. Sensei Adam Tibon is the Chief Head Coach for USA Grassroots Karate, and has a staff of 30 USA Grassroots Karate Coaches. Tibon's Goju Ryu has developed over the past 36 years approximately 60 athletes on the USA Jr. and Senior National Team pool to represent USA in international competition. We have worked to develop athletes not only at Tibon's Goju Ryu Fighting Arts, but also in other Japanese Okinawan Karate Schools looking to develop athletes to the USA National Jr. and Sr. Karate Team. This program has developed some of the best athletes in the country and in California. **Any of our students in Tibon's Goju Ryu Fighting Arts Organization Orange belt and above who want to learn high level competition and self-defense techniques they are always welcome to participate.** Any questions you can call Sensei Gene Tibon for information. (209) 465-0943

## Thank You Message from the Gardea Family



Thank You Sensei Tibon for allowing us to write a thank you message on your newsletter.

On June 11, 2018, we were in a horrible auto accident on I-5 coming back from San Francisco. Our youngest daughter, Audrinna was the one who got injured the most. Audrinna's face and skull was crushed in the SUV. She was rushed in an ambulance to U.C. Davis Medical Center in Sacramento, which she was in PICC Unit for four months. Doctors and nurses were not sure if she would of made it. Our baby girl was holding on to life.

As a parent, we knew and felt that Audrinna was going to be okay. We would recommend you watch the movie in theaters called **"Breakthrough"** based on a true story, which hits home to us. As Joyce tells her son's physician, "Be the best for John, and let God do the rest." This is how we feel about a lot of our team for Audrinna's and especially the doctors and nurses at U.C. Davis. We feel that we have the some of the best but also know God Can do the rest. We tell the doctors all the time we are praying for them and we have faith that our God can do anything. Every day is a gift and we believe without a shout he is walking before us and with us.

We may never know all the reasons why, but we do know that Jesus holds our every need! We would like to thank our Karate families from the bottom of our heart for all your prayers and for sending positive energy to our precious little girl, Audrinna. If you see Audrinna at the Dojo, say hi and give her a fist bump 🥊, she will bring you lots of joy in your life. And Her smile will light up your world. Thank you and God bless, Nancy, Carlos, Maira, and Audrinna.





**Congratulations Ava Valenzuela Wins!**  
**The MESA (Mathematics, Engineering, Science Achievement)**



Ava Valenzuela won first place at The MESA (Mathematics, Engineering, Science Achievement) Spring Challenge. She competed in the category of Agriculture and Design. The task was to find a solution that will work for the client, Johnson Farms, a California almond farm, who is having problems with Moths laying eggs in his almond trees. She had to find a way to prevent the moths from getting to the tree and how to get rid of the Mummy Nut (the nuts the moths lay their eggs in). The challenge was judged by Johnson Farms, who was very impressed by the solution, presentation, and research done.

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**Congratulations Tibon's Goju Ryu Fighting Arts Organization New Ranking Students for**  
**Month of May 2019**  
**Outstanding Job All!**





**Our Mighty Mite Karate Program**  
**Is Developing New Future Champions of America**  
**Age Range 3 to 6 Yrs. Old**  
**Starting with Goju Ryu Karate Basics, Focus, Discipline, and Agility**



**Sensei Asa Thurston, a 3<sup>rd</sup> Degree Black belt in Goju Ryu Karate is the Head instructor for this incredible Mighty Mite Class.** These classes are on taught by **Sensei Annie Tran Friday's 4:30p – 5:30p**, and on Saturday mornings by **Sensei Asa Thurston 11:00am to 12:00noon**. Sensei Asa's trusty sidekicks are **Senpai(senior) Angelina Nguyen, Senpai Lydia Lu, Senpai Ezra Thurston** are all doing an amazing job in developing these young Karate-kids. They work basic **Kihon** (punches, blocks, and kicks), **agility drills on obstacle course**, which develops **motor skill development**, Paddle Kumite for **eye hand eye foot coordination**, and Monkey Tail for **strategy training and mobile movement development**.

**We at Tibon's Goju Ryu Fighting Arts are proud of the impact we have made on so many students that affect their classroom discipline, respect, focus, and comprehensive development that has an impact in their school, home, and sports development.**

**Tibon's Goju Ryu Rangers Demo for George L. Mosher Elementary School for the Letter (K) for KARATE**



**Sensei Asa Thurston (Green Ranger) and Senpai Ezra Thurston (White Ranger) were asked to demonstrate Karate for the letter (K), the students were studying according to their teacher Jennifer Melton First Grade teacher at George L. Mosher Elementary School 3 classes of 24 kids in each class. The students really enjoyed our Karate Rangers and wrote nice letters that the Letter "K" was their favorite letter to learn. Great job to our Tibon's Goju Ryu Karate Rangers making a difference in the community!**



**USANKF OF NORTHERN CALIFORNIA, INC.**

IN CONJUNCTION WITH

**Tibon's Goju Ryu Fighting Arts**

## **OLYMPIC DAY CELEBRATION**

**Western United States Invitational  
Summer Patriot Karate Championships**

**Lincoln High School Gymnasium  
6844 Alexandria Place, Stockton, CA**

**June 9, 2019 Sunday**



**THE GRAND MARCH OF THE FLAGS!**

**Be a part of the  
Olympic Day Celebration!  
Register Online at:**

**[www.karateTmaster.com](http://www.karateTmaster.com)**

**TIGER CLAW**  
The Masters' Choice for Martial Arts Gear

**USANKF of Northern Calif, Inc. – Tibon's Goju Ryu Fighting Arts  
Olympic Day Celebration Summer Patriot Karate Championships**

**June 9, 2019 Sunday  
Lincoln High School Gymnasium  
6844 Alexandria Pl, Stockton, CA**

**GRAND MARCH AND OPENING CEREMONY BEGINS PROMPTLY AT 9:30AM**

**Competition starts at 10:00am:** Purpose of this tournament is to give the students an opportunity to develop their competition skill in Karate without having to travel across the world. Many of our students have developed as National, International, Pan-American and World Champions. This competition allows the students to compete in a comfortable atmosphere and have a great learning experience. Confident and knowledgeable referees will judge the competition. **Register ON LINE no later than June 8th, 8pm, and deadline for at dojo register papers is June 7<sup>th</sup>.**

**REGISTRATION**

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

INSTRUCTOR: \_\_\_\_\_ DOJO: \_\_\_\_\_

**\*REGISTER ON-LINE [www.karatetmaster.com](http://www.karatetmaster.com) (No Refunds) Spectator adult \$8 - Seniors & child age 6 up \$5**

<b>COMPETITION INFORMATION</b>				
Gender	Age Group	Ranking	Division(s)	Fees
<input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> 6 & 7 <input type="checkbox"/> 8 to 9 yrs <input type="checkbox"/> 10 to 11 yrs <input type="checkbox"/> 12 to 13yrs <input type="checkbox"/> 14 & 15yrs <input type="checkbox"/> 16yrs & up Weapons (all ranks) <input type="checkbox"/> 12 & under <input type="checkbox"/> 13 & up TNT Obstacle <input type="checkbox"/> 3 & under <input type="checkbox"/> 4 & 5yrs <input type="checkbox"/> 6 to 8 yrs	<input type="checkbox"/> White belt <input type="checkbox"/> Yellow- Orange <input type="checkbox"/> Blue – Purple <input type="checkbox"/> Green <input type="checkbox"/> Brown & Black	<input type="checkbox"/> Paddle Kumite <input type="checkbox"/> TNT Obstacle Course <input type="checkbox"/> Monkey Tail Kumite <input type="checkbox"/> Kata <input type="checkbox"/> Kumite <input type="checkbox"/> Short Weapons <input type="checkbox"/> Long Weapons	<input type="checkbox"/> 1 Division \$45  <input type="checkbox"/> \$10 Each Addtl. #___ x \$10 = ___  <input type="checkbox"/> *At the Door \$20 Late Charge  <b>TOTAL=</b> _____

**RELEASE FROM LIABILITY:** As a participant in the USANKF of Northern California Inc. and Tibon's Goju Ryu Fighting Arts Olympic Day Celebration Summer Patriot Tournament the undersigned understands that there is physical contact between the participants. I realize that there is a possibility of personal injury. I hereby assume all risk of such injury while participating is caused by the negligence of the participants, instructors, coaches, officials, judges, medical staff, staff or other manner. In assuming the risk of personal injury while participating in the tournament I hereby release the promoters, Lincoln High Unified District, its Officers, staff, board of directors, Sponsors, its staff and members from all liability and waive all claims and suits against them from any injury or otherwise which arises from my participation. I fully understand this release from liability has the effect of releasing and waiving all claims for suits for personal injury, no matter how caused, while I participate in the tournament. I further agree that any pictures, videotaping or television coverage taken of me or furnished by me in connection with the said martial arts tournament can be used for publicity, promotions or television.

**CONTESTANT'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PARENT/GUARDIAN'S SIGNATURE** \_\_\_\_\_ **DATE:** \_\_\_\_\_

PLEASE MAKE PAYMENTS TO: TIBON'S GOJU RYU TOURNAMENT DOJO PHONE (209)465-0943 FAX (209)465-1517

MAIL FORM TO: TIBON'S GOJU RYU, 923 N. YOSEMITE AVE, STOCKTON, CA 95203   -----Exp-----



# USANKF of Northern California, Inc. & USA Grassroots Karate Program

## “Active Threat Response”

June 29<sup>th</sup> Saturday 2pm – 6pm

Sensei Justin Love

Certified Active Shooter Response Instructor



This fundraiser seminar will provide essential training, strategies and skills to prepare individuals and organizations for the increasing threat of Active Shootings and other types of violent man-made mass casualty incidents. This course meets and exceeds the recommended guidelines from the US Department of Homeland Security, DOJ, FBI and the White House Security Council. Students will also be certified in basic bleeding control techniques approved by the National Committee on Trauma and the American College of Surgeons.

**Location:** Tibon's Goju Ryu Fighting Arts Karate Studio – 923 N. Yosemite St. Stockton

**Cost:** \$35 per person    **Call to reserve your spot maximum 35 participants**

**Make checks payable to:** USANKF of Northern California, Inc. a non-profit 501(c)3 organization, **cash and credit cards accepted.** (209) 465-0943

### Sensei Justin Love

- 3rd degree Internationally Goju Ryu Black belt instructor
- 18-year active veteran State of California Peace Officer
- POST certified Active Shooter instructor
- ALICE Training Institute certified instructor
- Sheepdog Church Safety & Security ministries certified instructor
- TECC certified by POST/ NAEMT & Registered “National Stop the Bleed” instructor



**Tibon's Goju Ryu Fighting Arts  
Proud to Announce New Satellite  
Karate Program**

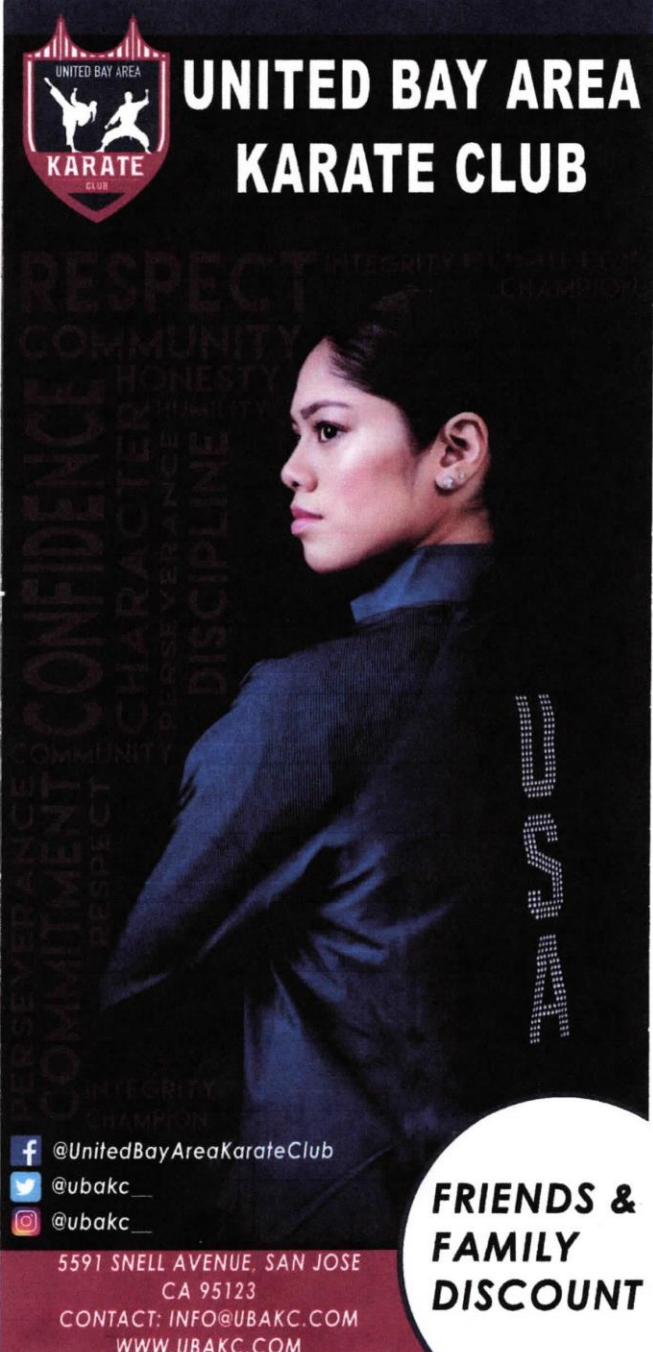
**Sensei Joane Orbon's**

**United Bay Area Karate Club  
in San Jose, CA**

**Grand Opening in August 2019**

We wish Sensei Joane the best of luck,  
Tibon's Goju Ryu Demo Team  
Will perform for her Grand  
Opening as the San Jose Chamber  
of Commerce do a Ribbon Cutting  
Ceremony kicking off her new Dojo  
for Business.

We all wish Sensei Joane the best  
success chasing her dream of running her  
own dojo. She now enters as part of Tibon's  
Goju Ryu Fighting Arts Satellite dojo team.  
Tibon's Goju Ryu Fighting Arts Organization  
Main Dojo - 36 yrs. teaching  
Hiers Goju Ryu - 23 yrs. teaching  
Stockton GymStars Karate Program - 20 yrs.  
Modesto GymStars Karate Program - 15 yrs.  
United Bay Area Karate Club - Opening Aug. 1, 2019  
All working together to make a difference in  
lives through Goju Ryu Uchiage-Kai Karate




**UNITED BAY AREA  
KARATE CLUB**

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WWW.UBAKC.COM**

**@UnitedBayAreaKarateClub  
@ubakc  
@ubakc**



**UNITED BAY AREA  
KARATE CLUB**

5591 Snell Avenue, San Jose, CA 95123  
WWW.UBAKC.COM

**@UnitedBayAreaKarateClub  
@ubakc  
@ubakc**





**Tibon's Goju Ryu Fighting Arts Summer Camp**  
**2019 Karate Summer Camp**  
**Sign up for 2 weeks and receive a free karate uniform!**  
**All Campers Receive a Tibon's Goju Ryu T-shirt**

Half day: 9am – 12pm \$170  
Ages 5 – 12 Monday – Friday  
No karate experience necessary!

**EMPHASIS IS ON KARATE ONLY**  
**STUDENTS ARE RESPONSIBLE TO**  
**BRING THEIR OWN SNACKS!**

**IF LESS THAN 5 IN CAMP WEEK WILL**  
**BE CANCELLED!**

**AVAILABLE CAMP WEEKS**

June 3-7th  
June 10-14th  
July 15-19th  
July 22-26th

REGISTER EARLY FOR DISCOUNT OPPORTUNITIES! IF YOU REGISTER BEFORE MAY 31<sup>ST</sup> HALF DAY WILL BE \$160. IF YOU REGISTER AFTER MAY 31<sup>ST</sup> THE PRICE WILL BE \$170 FOR HALF DAY.

Take advantage of Early Sign up Discounts!

Extended care 8-9am and 12-1 pm: \$15 per hour  
\*\*Siblings receive a 15% discount per week

923 N. Yosemite St.  
Stockton, Ca. 95203  
or FAX TO (209) 465-1517  
Office (209) 465-0943

Parents name..... Yes, I want to purchase a gi (\$30).....

Student's name..... Student's Age.....

Telephone number..... E-mail address.....

Credit Card Visa/Master/Amex..... Exp. date..... CCV#.....

Zip Code .....

Signature.....

# Order New Spirit Package Now!



Tibon's Karate Camping Trip – Signups



South Lake Tahoe–Camp Richardson–June 20-24th, 2019

**ONLY 14 Spots Left! We still have Room to lock your camp site in!**



Please students and parents we are needing committed families to register so we can lock in our camping area all together. Come out and have an incredible time! The signup list is at the Front Counter at the Main dojo on Yosemite St. or call and have your names added to the list. Final Deadline is April 15, 2019 if you would like to go for late campers to sign up until we are full in all of the camping sites. Camp payment final deadline is May 1, 2019 Contact Mrs. Tibon, Mrs. Helsby, Courtney Embry, Alyssa Santos at (209) 465-0943 – Make Checks to USANKF of Northern Calif. Inc.



The Leadership Team of Black Belt, Brown Belt, and 3 Stripe Green Belt  
Leadership Class and Training

Next Leadership and Olympic Day Celebration Meeting June 2<sup>nd</sup>, 2019 Sunday 11am - 1pm

Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants, to the Instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, and jobs along with the development of their interpersonal skills.

Once a month we have a Leadership meeting for two hours, which will include lunch. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. Once they have received their Associates, Bachelors, and/or master's degree, they find that our Leadership Class has prepared them for the Management positions they may have applied for.

We go beyond teaching great martial arts. During their training in Goju Ryu Karate; we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives. We welcome the new Green Belts 3 stripes; whose next level is Brown Belt to our Leadership Program.

