

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 Please Make Up Your Classes Early in the Month!	2	3 Mighty Mites 4:30- 5:30p Advance 5:30-7p Weapons 7-8:30p	4 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7
5 Tokubetsu 2 9-11a Leadership – 11a-1p	6 Weapons 7:30p – 9:00p Combined weapons class due to promotion ceremony	7	8 Please Make Up Your Classes Early in the Month!	9	10 Mighty Mites 4:30- 5:30p Advance Class 5:30 – 7:00p NO Weapons Promotion Ceremony White/yellow/All 7:15p	11 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7p Promotion Testing 2pm White & Yellow, Orange and Up Combined testing
12 No Tokubetsu 2 Happy Mother's Day	13 Weapons 7:30p – 9:00p	14	15 Please Make Up Your Classes Early in the Month!	16	17 Mighty Mites 4:30- 5:30p Advance 5:30-7p Weapons 7-8:30p	18 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7
19 No Tokubetsu 2 USA Grassroots Workshop #2 Twin Arbors Loft 11a-3p	20 Weapons 7:30p – 9:00p	21	22 Please Make Up Your Classes Early in the Month!	23	24 Mighty Mites 4:30- 5:30p Advance 5:30-7p Weapons 7-8:30p	25 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7
26 Tokubetsu 2 9-11a	27 Dojo Closed: Memorial Day	28	29	30	31	

2019



Tibon's Goju Gazette



www.tibonkarate.com

May 2019

Tournaments & Events This Year

May 19th Sunday 11-3pm USA Grassroots Karate Workshop Series #2 At Twin Arbors Athletic Club training with the best Coaching Staff in Northern California to develop your competition and self defense Techniques. Orange belt and above can participate!

June 9th Olympic Day Celebration Tibon's Goju Ryu Patriot Summer IN HOUSE Karate Invitational Western States Karate Championships Lincoln High School. Manual registration sheets are out Now, SOON able to register ON LINE www.karateTmaster.com

June 20-24, 2019 USA Grassroots Tibon's Goju Ryu Summer Karate Camping Trip Fitness Challenge and Karate Training Camp Richardson South Shore Lake Tahoe. You Can still Register for camp site. Please see Yvonne Tibon or Alyssa or Courtney Embry for signup information.

June 30th USA Grassroots Workshop Series #3 At Twin Arbors Athletic Club training with the best Coaching Staff in Northern California to develop your competition and self defense Techniques. Orange belt and above can participate! Last Workshop before Nationals

July 9-14, 2019 USA Karate Nationals and USA Team Trials Chicago, IL Schaumburg Convention Center.

Tibon's Goju Ryu 35th Winter IN HOUSE Invitational Karate Championships Sunday December 8th, 2019. Black Belt Testing December 7th, 2019 Saturday

Welcome New Students Tibon's Goju Ryu Organization

Gianna Porasso Armeen Mahyar Nzinoe Casiquin Natalie Young
Kierstin Russu Serenity Juarez Hannah Lazaro Gabriella Greg
Matteo Caracha Giovanni Montez Dyhcel Margarette Alegrette
Josh Jimenez Valentino Walley Aaron McDowell Cristian Atad
Liam Winland Dahlia Winland Myah Szemanski Jeremiah Szemanski
Violet Espinosa Ivy Espinosa Joseph Spears

Welcome back: Amir Smith Alejandro Gonzales Damien Nava



Promotion Testing!

May 10th Promotion Ceremony 7:15p Friday

May 11th Saturday Promotion Testing 2:15pm

White & Yellow, Orange and Up Combined testing!

Start checking in 2pm - Need Leadership for Testing Saturday!



Sunday Leadership-Demo Team - May 5th 11am – 1pm
Leadership Meeting Ranking Green 3 –Black Belts Only!
Main dojo meeting location.

Northern California National Qualifier For USA Nationals and USA Team Trials in Chicago, IL In Yuba City



Sensei Noah Helsby qualifies to USA National Team Trials, he made Team USA last year to Rio De Janeiro, Brazil, sister **Arin Helsby** made Team USA as Alternate top 3 in USA to Brazil, and now **Sensei Demytryk Cabanig** qualifies to the Challenged Division USA Team Trials for Pan-American and World Championships. Samson Helsby and Tristan Sin win to also qualify to USA Karate Nationals in Chicago in July 2019. **See Results for all athletes who qualified to USA Nationals and USA Team Trials on page 3.**

**Northern California National Qualifier
For USA Nationals and USA Team Trials in Chicago, IL
Continued**



**Thank you, parents, for providing photos of the event &
Congratulations Senpai Arin Helsby promoted to Jr. 2nd Dan Black Belt and Gold medal at Qualifier**

Northern California National Qualifier For USA Nationals and USA Team Trials in Chicago, IL Results

Many members of Tibon's Goju Ryu Fighting Arts travelled to Yuba City for the USA National Karate Qualifier for Northern California. The Top 8 in each Division Qualify to the USA Nationals and USA Team Trials in Chicago, IL July 9-14, 2019. This was the Northern California Qualifier for the USA Karate Federation, member of the USA Olympic Committee National Qualifying Tournament for USA Team Trials and USA National Championships; The results are as follows:

Arin Helsby Gold Medal girls 14-15 yr. old black belt Kumite.

Demytryk Cabanig Gold medal Men's black belt 18-34 Challenged Kata Division.

Tristan Sin Gold medal 9 & under intermediate/advance Weapons, silver medal boy's 8-9 advance Kata, bronze medal boy's 8-9 yr. old advance Kumite.

Ellis Chen Gold medal Men's black belt Kata, silver medal black belt Weapons.

Zoe Harrison Gold medal girls 8-9 yr. old intermediate Kata.

Kalista Shek Gold medal girls 10-13 yr. old intermediate mixed boys and girls Weapons, silver medal 10-11 yr. old girls Kata.

Alison To Gold medal 18-34 yrs. old female Kata(forms), gold medal women's intermediate Women's Weapons.

Aiden Shek Gold medal boy's 14-17 yr. old intermediate Kata, silver medal 14-17 yr. old intermediate Kobudo

Aaron Tran Gold medal boy's 14-15 yr. old black belt Kata, silver medal boy's 14-15 yr. old black belt Weapons.

Annie Tran Gold medal girls 14-17 yr. old Weapons.

Cayla Gapusan Gold medal female 14-15 yr. old black belt Kata, silver medal female 14-15 yr. old black belt Kumite.

Athena Bellrichard Gold medal 5 & under yr. old beginning Kata.

Angelina Nguyen Silver medal girls 10-13 yr. old black belt Weapons Sai

Lucian Abundez Silver medal 10-11 yr. old intermediate Kata.

Noah Helsby Silver medal 14-15 yr. old black belt Kumite.

Samson Helsby Silver medal 8-9 yr. old advance Kata, bronze medal boy's 8-9 yr. old advance Kumite.

Andre Orosco Bronze medal 14-15 yr. old black belt Kumite, bronze medal 14-15 yr. old black belt Kata, bronze medal 14-17 yr. old advance Weapons.

Chris Gong Silver medal 10-13 yr. old black belt Weapons, silver medal 12-13 yr. old black belt Kumite, bronze medal black belt 12-13 yr. old Kata.

Sydney Tran Bronze medal girls 6-7 yr. old intermediate/ advance Kata.

Asa Thurston Bronze medal Men's black belt Weapons.

Ezra Thurston qualified to the USA Nationals in Chicago 16-17 yr. old Kata

Jaden Abundez qualified to the USA Nationals in Chicago the 10-11 yr. old Novice Kata.

C.J. Balanon qualified to the USA Nationals in Chicago in the 6-7 yr. old Kata and Kumite.

Amy Tran qualified to the USA Nationals in Chicago in the 10-11 yr. old girls Kata and Kumite.

Jaden Orosco qualified to the USA Nationals in Chicago in the 10-11 yr. old intermediate Kata and Kumite.

Armando Lopez qualified to the USA Nationals in Chicago in the 12-13 yr. old black belt Kata and Kumite.

Cash Gapusan qualified to the USA Nationals in Chicago in the 10-11 yr. old Kata and Kumite.

Ozawa Cup International Karate Championships and Junior International Cup Karate Championships in Las Vegas Results:

Ozawa Cup International Karate Championships at Flamingo Resort

Zoe Harrison silver medal 8-9 yr old female novice Kata.

Junior International Cup Karate Championships at Paris Resort

Armando Lopez bronze medal boy's 12-13 yr old black belt Kata.

Cayla Gapusan bronze medal girls 14-15 yr old black belt Kata

Cash Gapusan honorable mention

**Incredible Day at 2019 Tibon's Annual Easter Egg Potluck
Picnic Easter Egg Hunt at Swenson Park
Students Parents Leadership Friends All Joined us on this Amazing Day!**



Incredible day with the music from DJ Sensei Justin Love, MC Sensei Asa Thurston, and Leadership running the Easter Egg Hunt, families all shared in the Potluck Picnic with incredible dishes for another fantastic event!

Preparing for High Level Competition
Huge Success at USA Grassroots Karate Workshop Series #1
At Twin Arbors Athletic Club hosted by Hiers Goju Ryu Dojo April 7th
Next Grassroots Workshop #2 May 19, Sunday Sign Up Now at Front Counter



**Congratulations to Tibon's Satellite Karate Program in Lodi
Best in Lodi for "Martial Arts"
Hiers Goju Ryu Karate Teaching 23 Years in Lodi Community
At Twin Arbors Athletic Club
Congratulations Sensei Chris Hiers!**



**Congratulations Tibon's Goju Ryu Fighting Arts Organization Students
April 2019 Ranking Ceremony at Main Dojo**



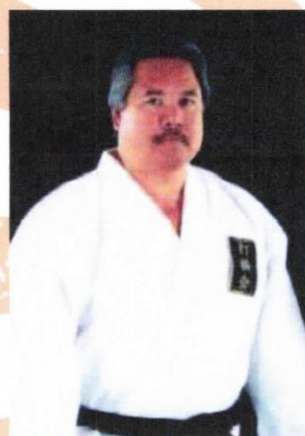
**Next Promotion Ceremony May 10th 7:15p Friday - May 11th Saturday Promotion Testing 2:15pm
White & Yellow, Orange and Up Combined testing! Start checking in 2pm - Need Leadership for Testing Saturday!**

Hiers' Goju Ryu Karate

TWIN ARBORS ATHLETIC CLUB

USANKF of Northern California, Inc.
Regional Sports Organization

PRESENTS



SENSEI GENE TIBON, NATIONAL DIRECTOR

Founder, USA Grassroots Karate Program

DEVELOPMENT WORKSHOP SERIES #2

Grassroots Membership Training Workshop

Grassroots Coaching Staff of Northern California:

4 Hour Workshop \$60 (includes cost of lunch)

Rotation training 11AM - 3PM:

Kata, Kumite, Take-Downs, and Self-Defense

Twin Arbors Athletic Club

1900 S. Hutchins Street

Lodi, CA 95240



Adam Tibon
4th Dan Chief Grassroots Coach (Past)
Team USA, Jr. & Sr. - 7 years



Chris Hiers
4th Dan Hiers Goju Ryu
Vice-President,
USANKF of Northern California



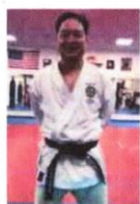
Sensei Justin Love
3rd Dan USA Grassroots Coach
California Highway Patrol
Statewide Advanced Officer Safety Training
Instructor



Ronny Guzman
3rd Dan Grassroots Coach (Past)
Team USA, Sr. - 4 years



Joane Orbon
(Current)
Team USA, Sr. - 9 years



Shannon Wong
4th Dan Bushido Kai Karate
Developed 3 Team USA Athletes
1 Gold Medalist,
Pan-American Karate Brazil



Rupert Espinosa
2nd Dan Grassroots Coach (Past)
Team USA, Jr. - 4 years



Sensei Eliza Cabanig Balanon
3rd Dan Grassroots Coach (Past)
Team USA, Sr. National Team - 8 years
Member, US Olympic Titan Games



Cristian Embry
2nd Dan (Past)
Team USA, Jr. National Team - 4 years



Serik Nurmanov
Branch Chief on Shitoryu
for East Kazakhstan
Official Representative,
Yoshinkan Aikido in Kazakhstan

Also Coaches:

Sensei Eric Bonjoc, Sensei Asa Thurston, Sensei Courtney Embry, Sensei Alyssa Santos, Sensei Jesse Toy, Sensei Mark Canevari, Sensei Aleesa Ohata, Sensei Mario Evangelista, Sensei Brianna Udermann, Sensei John Chang, Sensei David Kaneda, Sensei Ervic Aquino, Sensei Justin Love

SUNDAY
MAY 19
2019


TIGER CLAW
The Masters' Choice for Martial Arts Gear

USANKF OF NORTHERN CALIFORNIA, INC.

IN CONJUNCTION WITH

Tibon's Goju Ryu Fighting Arts

OLYMPIC DAY CELEBRATION

**Western United States Invitational
Summer Patriot Karate Championships**

**Lincoln High School Gymnasium
6844 Alexandria Place, Stockton, CA**

June 9, 2019 Sunday



THE GRAND MARCH OF THE FLAGS!

**Be a part of the
Olympic Day Celebration!
Register Online at:**

www.karateTmaster.com

TIGER CLAW
The Masters' Choice for Martial Arts Gear

USANKF of Northern Calif, Inc. – Tibon's Goju Ryu Fighting Arts
Olympic Day Celebration Summer Patriot Karate Championships
June 9, 2019 Sunday
Lincoln High School Gymnasium
6844 Alexandria Pl, Stockton, CA

GRAND MARCH AND OPENING CEREMONY BEGINS PROMPTLY AT 9:30AM

Competition starts at 10:00am: Purpose of this tournament is to give the students an opportunity to develop their competition skill in Karate without having to travel across the world. Many of our students have developed as National, International, Pan-American and World Champions. This competition allows the students to compete in a comfortable atmosphere and have a great learning experience. Confident and knowledgeable referees will judge the competition. **Register ON LINE no later than June 8th, 8pm, and deadline for at dojo register papers is June 7th.**

REGISTRATION

NAME: _____ BIRTHDATE: _____ AGE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

INSTRUCTOR: _____ DOJO: _____

***REGISTER ON-LINE www.karatetmaster.com (No Refunds) Spectator adult \$8 - Seniors & child age 6 up \$5**

COMPETITION INFORMATION				
Gender	Age Group	Ranking	Division(s)	Fees
<input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> 6 & 7 <input type="checkbox"/> 8 to 9 yrs <input type="checkbox"/> 10 to 11 yrs <input type="checkbox"/> 12 to 13yrs <input type="checkbox"/> 14 & 15yrs <input type="checkbox"/> 16yrs & up Weapons (all ranks) <input type="checkbox"/> 12 & under <input type="checkbox"/> 13 & up TNT Obstacle <input type="checkbox"/> 3 & under <input type="checkbox"/> 4 & 5yrs <input type="checkbox"/> 6 to 8 yrs	<input type="checkbox"/> White belt <input type="checkbox"/> Yellow- Orange <input type="checkbox"/> Blue – Purple <input type="checkbox"/> Green <input type="checkbox"/> Brown & Black	<input type="checkbox"/> Paddle Kumite <input type="checkbox"/> TNT Obstacle Course <input type="checkbox"/> Monkey Tail Kumite <input type="checkbox"/> Kata <input type="checkbox"/> Kumite <input type="checkbox"/> Short Weapons <input type="checkbox"/> Long Weapons	<input type="checkbox"/> 1 Division \$45 <input type="checkbox"/> \$10 Each Addtl. #___ x \$10 = ___ <input type="checkbox"/> *At the Door \$20 Late Charge TOTAL= _____

RELEASE FROM LIABILITY: As a participant in the USANKF of Northern California Inc. and Tibon's Goju Ryu Fighting Arts Olympic Day Celebration Summer Patriot Tournament the undersigned understands that there is physical contact between the participants. I realize that there is a possibility of personal injury. I hereby assume all risk of such injury while participating is caused by the negligence of the participants, instructors, coaches, officials, judges, medical staff, staff or other manner. In assuming the risk of personal injury while participating in the tournament I hereby release the promoters, Lincoln High Unified District, its Officers, staff, board of directors, Sponsors, its staff and members from all liability and waive all claims and suits against them from any injury or otherwise which arises from my participation. I fully understand this release from liability has the effect of releasing and waiving all claims for suits for personal injury, no matter how caused, while I participate in the tournament. I further agree that any pictures, videotaping or television coverage taken of me or furnished by me in connection with the said martial arts tournament can be used for publicity, promotions or television.

CONTESTANT'S SIGNATURE: _____ **DATE:** _____

PARENT/GUARDIAN'S SIGNATURE _____ **DATE:** _____

PLEASE MAKE PAYMENTS TO: TIBON'S GOJU RYU TOURNAMENT DOJO PHONE (209)465-0943 FAX (209)465-1517

MAIL FORM TO: TIBON'S GOJU RYU, 923 N. YOSEMITE AVE, STOCKTON, CA 95203   -----Exp-----

Order New Spirit Package Now On Order for Camp!



Tibon's Karate Camping Trip – Signups



South Lake Tahoe–Camp Richardson–June 20-24th, 2019

\$50 Deposit Deadline We still have Room to lock your camp site in!



Please students and parents we are needing committed families to register so we can lock in our camping area all together. Come out and have an incredible time! The signup list is at the Front Counter at the Main dojo on Yosemite St. or call and have your names added to the list. Final Deadline is April 15, 2019 if you would like to go for late campers to sign up until we are full in all of the camping sites. Camp payment final deadline is May 1, 2019 Contact Mrs. Tibon, Mrs. Helsby, Courtney Embry, Alyssa Santos at (209) 465-0943 – Make Checks to USANKF of Northern Calif. Inc.



The Leadership Team of Black Belt, Brown Belt, and 3 Stripe Green Belt

Leadership Class and Training

Next Leadership and Demo Team Meeting May 5, 2019 Sunday 11am - 1pm

Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants, to the Instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, and jobs along with the development of their interpersonal skills.

Once a month we have a Leadership meeting for two hours, which will include lunch. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. Once they have received their Associates, Bachelors, and/or master's degree, they find that our Leadership Class has prepared them for the Management positions they may have applied for.

We go beyond teaching great martial arts. During their training in Goju Ryu Karate; we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives.

We welcome the new Green Belts 3 stripes; whose next level is Brown Belt to our Leadership Program.



Attention New Weapons Class Started Still Taking New Students in May

Class Started February 4th, 2019 Monday 7:30p – 9:00pm for Beginning and Novice Blue Belt and above level just starting. Sensei Aleesa Ohata will be instructing, she is a 1st Degree Black Belt in Yamani Ryu Kobudo.

We will be splitting the Friday Weapons Classes to just Intermediate and Advance Kobudo students only. The Returning Weapons class on Mondays are for those students at Blue belt and above level ranking who have just started weapons.



Charter School Students

Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin

For P.E. Alternative School Program

Check Your Charter School to see if they will fund your Karate Lessons at Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943

We are currently working with the following:

Connecting Waters Charter School

Visions in Education Charter School

New Jerusalem Elementary Charter Program

Pacific Charter Institute Charter Program

Rio Valley Charter School

St. Mary's High School P.E. Alternative Grades

Great Valley Academy Charter Home School

Lincoln High School X-Sports Program

