

# August

*Tue*

*Wed*

*Thu*

*Fri*

*Sat*

**1**  
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Due to Covid 19  
Governor Mandate

**Sensei Tibon**  
**Available for Private**  
**Lessons all month**

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**Outdoor Training**  
**Green Belt &**  
**Below 6p-7p**  
**Brown Black Belt**  
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2020

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# Tibon's Goju Gazette



www.tibonkarate.com

August 2020

## Tournaments & Events This Year

Tibon's Goju Ryu 36<sup>th</sup> Annual IN-HOUSE Winter Tournament Being Scheduled for December 2020, and Black Belt Testing Exam. TBA!

Welcome New Students  
Tibon's Goju Ryu Organization



### Promotion Testing!

September TBA Saturday Testing White & Yellow Only 4:00p  
September TBA Saturday Testing Orange – Brown 4:00p  
Promotion ceremony for March promotion will be given in class

Due to Covid-19 we are trying to keep the size of the promotion Testing will be split by rank for smaller group of students testing and parent attending. Mask for parents and students are mandatory by Governor Gavin Newsom mandate.

## New Tibon's Goju Ryu Face Mask



These are hand custom made and sent in for Japanese Kanji Screening. They take a while but are worth the wait. They are \$15 apiece and going fast I have already taken orders for 60 masks just in one day that are earmarked for those orders. They are hand washable in warm water 3 ply cotton mask.

California Gavin Newsom Allows Gyms and Dojo Type Businesses to Take Their Classes Outside!

Tibon's Goju Ryu Fighting Arts Main Dojo Open  
For Outdoor Classes Starting  
August 10<sup>th</sup> Monday's and on August 11<sup>th</sup> Tuesday's  
Across the Street at Umbrella Alley at The Catalyst  
Thank you Saul Serna For Allowing Us to Train on  
Your Remarkable Alley!



Tibon's Goju Ryu Karate Class Schedule Umbrella Alley  
Monday's

Green, Purple, Blue, Orange, Yellow, White Belts 6pm-7pm  
Brown and Black Belts 7p-8pm

### Tuesday's

Green, Purple, Blue, Orange, Yellow, White Belts 6pm-7pm  
Brown and Black Belts 7p-8pm

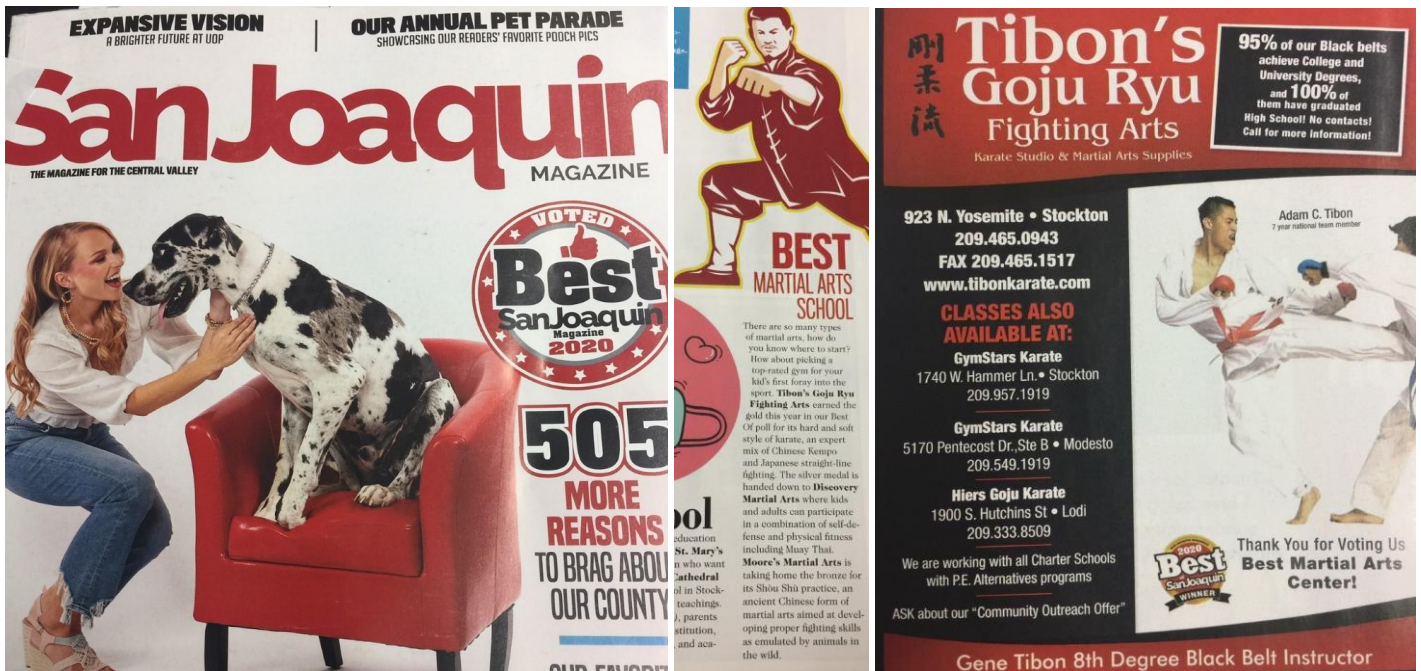
FACE MASKS MANDATORY- Shorts, T-shirts, Tennis Shoes

## Congratulations

**Tibon's Goju Ryu Fighting Arts Again Selected the Best in San Joaquin for  
Best in Martial Arts by San Joaquin Magazine for 2020**

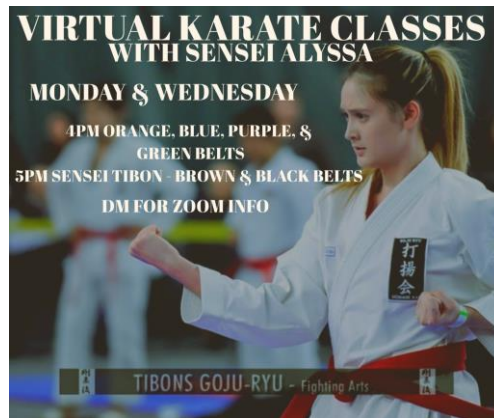
**Thank you for Your Continued Support and Vote!**

**Making us the Best Recognized Martial Arts Program in the San Joaquin Valley**



**Tibon's Goju Ryu Fighting Arts a Proud Member of the  
City of Stockton's  
Healthy Pledge Businesses  
working for a safe and healthy training dojo!**

**Tibon's Goju Ryu Karate Zoom Are Still Active - Virtual Class Link to Facebook Page YouTube Training**  
**Still Available for Active Students Only**



**Topic: ORANGE, BLUE, PURPLE & GREEN BELTS 4:00pm Monday and Wednesday's**

Time: This is a recurring meeting Meet anytime

**Join Zoom Meeting**

<https://us04web.zoom.us/j/74991916347?pwd=UVNyUEpla0tMNldXNFpZOEpKbTczQT09>

Meeting ID: 749 9191 6347

Passcode: AS23423

**Topic: BROWN & BLACK BELTS 5:00pm Monday and Wednesday's**

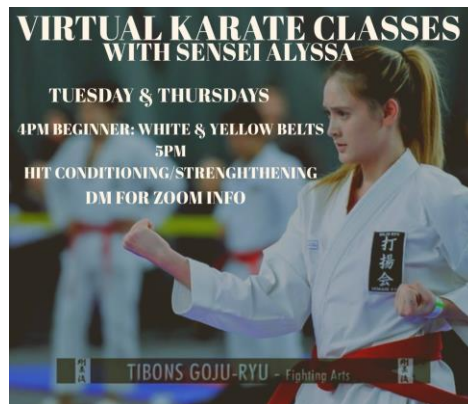
Time: This is a recurring meeting Meet anytime

**Join Zoom Meeting**

<https://us04web.zoom.us/j/79652052964?pwd=VTV4OVRuVCtMWDRpVG9qUG9oSWtvUT09>

Meeting ID: 796 5205 2964

Passcode: 6Gwa6B



**Topic: BEGINNER WHITE AND YELLOW BELTS 4:00pm Tuesday's and Thursday's**

**Join Zoom Meeting**

<https://us04web.zoom.us/j/4014799614?pwd=T0RrOEI0czk1U3R3b01KR0N2RjJYQT09>

Meeting ID: 401 479 9614

Passcode: 044960

**Topic: SENSEI LYSSA'S HIIT CLASS 5:00p Tuesday's and Thursday's**

Time: This is a recurring meeting Meet anytime

**Join Zoom Meeting**

<https://us04web.zoom.us/j/72328155424?pwd=bURJWENpQUIndFNUajhLcENkMW5BUT09>

Meeting ID: 723 2815 5424



# Tibon's Goju Ryu Fighting Arts Organization



Dear Parents, Students, Leadership, and Friends,

**Our Karate dojo's will be Open for instruction for your training needs under the best conditions we can have for a clean safe training facility once the SHELTER IN MANDATE IS RELEASED.**

It is especially important for kids to have a normal schedule as possible. We feel strongly that the steps we've taken will help keep your child participating and learning here at **Tibon's Goju Ryu Fighting Arts main dojo with Sensei Tibon teaching temporarily outdoors at Umbrella Alley across the street from the dojo, along with Zoom Classes with Sensei Alyssa Santos for students not able to make the outdoor training, and our satellite karate schools at Stockton GymStars are teaching mini camps taught by Sensei Asa Thurston, Hiers Goju Ryu are teaching classes outdoors at Twin Arbors next to the swimming pool by Sensei Chris Hiers, United Bay Area Karate Club being taught by Sensei Joane Orbon is teaching outdoors on a Charter School Grounds while closed for expansion and remodeling, and Modesto GymStars are teaching Zoom Karate Classes by Sensei Eric Bonjoc.**

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **We MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training each person is **TESTED WITH A TEMPERATURE MONITOR that is non-contact tester to a person's forehead that reads the person DOES NOT have a temperature HIGHER THAN 97-99 DEGREES IS NORMAL, and can enter the building. We would prefer distancing in the lobby with facemasks.** Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **Temperature test checking for fever higher than the normal of 97-99 degrees before can enter lobby and dojo. We ask parents and students wear a face mask with proper social distancing or wait in your car during classes.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have training distance of 6ft separation be non-contact training with Karate basics, Kata(forms), strength and conditioning drills. No Kumite(fighting) until COVID 19 lift, and face mask on students.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon

(209) 465-0943 office

(209) 406-2776 Sensei Tibon's cell - (209) 915-7177 Yvonne Tibon's cell

# News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

**Tibon's Goju Ryu Fighting Arts Main Dojo**  
**Sensei Gene Tibon 8<sup>th</sup> Dan**  
**Sensei Adam Tibon 5<sup>th</sup> Dan**  
**Sensei Ronny Guzman 3<sup>rd</sup> Dan**  
**Sensei Joane Orbon 3<sup>rd</sup> Dan**  
**Sensei Alyssa Santos 1<sup>st</sup> Dan**



**I'm so proud of my Zoom Instructor Staff (photos above) working together to give all of our students the Goju Ryu Karate development they need to continue their training. Sensei Alyssa Santos** has done an outstanding job in arranging all the Zoom class times and schedules. She manages the Zoom classes when any of us seniors Sensei's are working to develop the athletes in Kata or Kumite techniques. We could not do the Zoom classes without her attention to detail and consistency of making sure our students are getting the attention they need. Thank you to Sensei Asa Thurston for substituting for Sensei Alyssa when she can't run the Zoom Class. With **Sensei Adam Tibon** and **Sensei Ronny Guzman** they both are some of the best technical instructors in the country. They have both proved this as being a part of Team USA for many years and winning at every level. **Sensei Joane Orbon** contributes outstanding Zoom Classes to our students and many of her new students in the Jose area, and appreciate her contribution when she can Zoom teach.

We are in an exceedingly difficult time in our lives and many of our type of martial arts businesses around the country will not reopen due to Covid 19 Pandemic, which has devastated our economy. Tibon's Goju Ryu has been close for business for almost 4 months due to Governor Gavin Newsom mandate. But we strive with Zoom Classes, Facebook video classes, and YouTube Secured account videos for our students who are able to access any of these training platforms we have developed and provided by some of my best instructors and black belts. **Sensei Noah Helsby** 3<sup>rd</sup> Dan black belt and sister **Sensei Arin Helsby** 2<sup>nd</sup> Degree black belt both members of Team USA, **Sensei Brian Embry** 3<sup>rd</sup> Dan and a member Team USA for many years also contributed his time in helping me create instructional videos to help our students continue their karate training. **Sensei Justin Love** and his student Beto Vargas provided a informational video on street self defense during this Covid 19 pandemic and this issues that have become very dangerous on the street, as well as a Bully Tactic video by **Sensei Justin** that has really resonated to many of our students. I want to acknowledge the Black Belts who have helped Sensei Alyssa with Zoom assistance like **Sempai Cat Vaughn**, **Sensei Ellis Chen**, and **Zoe Harrison**

### Tibon's Main Dojo Continued

We are lucky to be able to open our main dojo for outside karate instruction at Umbrella Alley owned by The Catalyst, owner Saul Serna. He has given me permission to use the Umbrella Alley for training our students on Monday's and Tuesday from 6pm to 8pm. If our classes become too big and we outgrow Umbrella Alley space, then we have been blessed to have Carson Oaks Community Church, our own 1<sup>st</sup> Degree Black Belt Pastor Paul Stanley has made arrangements for us to train at his Church on the grass area where we do our Karate demo for their Spring Festival every year. (See demo photos below). Through this unprecedented historic hard time with Covid 19, we are truly blessed by God to have his favor in so many circumstances to help us survive this historic hard time. My black belt staff have stepped up in so many ways to help Mrs. Tibon and I to continue to be blessed by so many wonderful Karate families, who continue to support our Karate Program, whether at our main dojo or at one of our satellite karate schools. We are so grateful for your caring support. Thank you from Yvonne and I from the bottom of our heart. We will survive this and come out even stronger than before. Together there is nothing we cannot do! Sensei Gene Tibon



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### **Hiers Goju Ryu – Celebrates 24 years Sensei Chris Hiers Chief Instructor 4<sup>th</sup> Dan Sensei Janelle Hiers Assistant 2<sup>nd</sup> Dan Sempai Maddie Hiers Assistant 1<sup>st</sup> Dan**



#### **Sensei Chris Hiers:**

Teaching classes outside has brought about challenges. We share space with group exercises, so our times are limited but we are getting by. Classes are small but at least we can continue training. The pool is a big distraction for kids, but we are having fun and doing the best we can.



Monday and Tuesday 6:30-7:30 adults 7:30-8:30. Friday 4:30-5:30 kids 5:30-6:30 advanced

**Stockton GymStars**  
**Sensei Asa Thurston Chief Instructor 3<sup>rd</sup> Dan**  
**Sensei Brianna Udermann Assistant 2<sup>nd</sup> Dan and Sensei Allison To 1<sup>st</sup> Dan**



**Message from Sensei Asa:**

Hello everyone Stockton GymStars saw its doors close by the Governor's mandate on July 13th for normal karate classes, but GymStars are back with **new summer karate day camps!** We have **classes for beginners and new students on Thursdays** we have the following classes:

1:00-2:00 for ages 6 & up

2:00-2:45 for ages 3-6

3:00-3:45 for ages 3 & under

3:45-4:45 6 & up

As for **Tuesday's** we have classes for our **more advanced students** along with our beginners

Starting with:

3:30-4:25 Blue-Green belts

4:30-5:25 White/Yellow belts

5:30-6:25 Yellow-Blue Belts.

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**Modesto GymStars**  
**Sensei Eric Bonjoc Chief Instructor 2<sup>nd</sup> Dan**  
**Sensei Chris Inman Assistant 2<sup>nd</sup> Dan**

**Message from Sensei Eric:**

As of 5/26/20 Modesto GymStars Update for reopening for Modesto GymStars is Monday July 6. Also, Sensei Eric Bonjoc is also teaching Zoom classes every Tuesday and Thursday from 3:00PM-3:40PM. Please call Mrs. Tibon to register for this class (209) 915-7177 cell

**Sensei Eric**



**United Bay Area Karate Club**  
**Sensei Joane Orbon Chief Instructor 3<sup>rd</sup> Dan**  
**Sensei Joane Orbon Message and Updates**



Hello Tibon's Goju Ryu Families,

On behalf of United Bay Area Karate Club, we hope that everyone has been safe and well.

Our San Jose program will move onto Phase 3 of training with implementing outdoor sessions once a week along with virtual classes. Due to delays, we are not able to open doors until September. We thank Tibon's Goju- Ryu students for participating in our virtual classes and demonstrating leadership within in our organization.

We thank everyone who has took the time to visit the Main Dojo and trust our staff in creating the safest and most sanitized place of training.

Please remember masks are mandatory for most establishments in California, so always have a mask in hand whenever stepping out from your home.

Since launching the Karate- Vs- Everyone project, we were able to equip students coming into training with their own mask with donations from kind sponsors from the country. If you are interested in purchasing a mask, we will be looking to place another order within the next few weeks if interested.

Please contact me at 209-676-0224 to receive more information to order shirts or masks.

Enjoy and be safe!

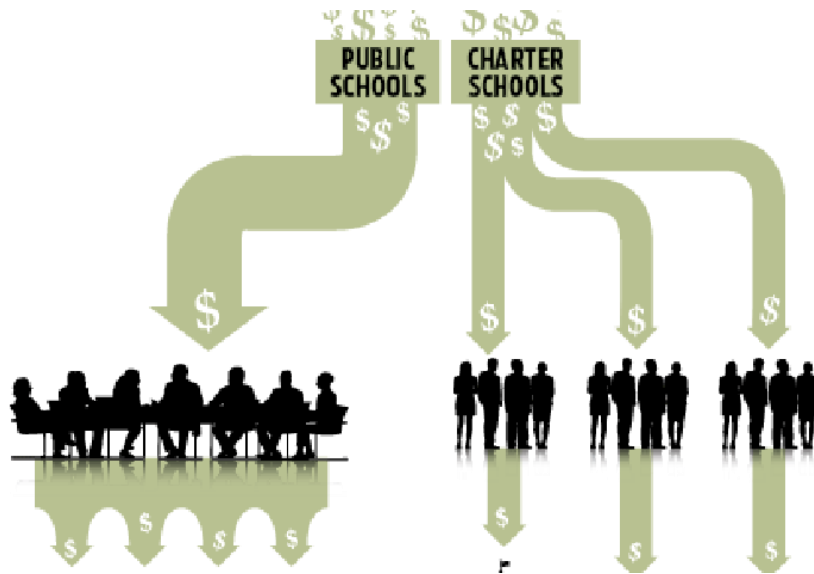
All the best,

Sensei Joane Orbon

[United Bay Area Karate Clubs | Karate in the Bay](#)

Philippines Olympic Karate Team





## Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin  
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at  
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

**We are currently working with the following:**

**Connecting Waters Charter School**

**Visions in Education Charter School**

**New Jerusalem Elementary Charter Program**

**Pacific Charter Institute Charter Program**

**Rio Valley Charter School**

**St. Mary's High School P.E. Alternative Grades**

**Lincoln High School X-Sports Program**

