

August

Tue

Wed

Thu

Fri

Sat

1

**Sensei Joane Orbon
Dojo Grand Opening
Demo 1:00pm
San Jose**

2

1st Class **Orange-Brown**
4:30-5:30p
2nd Class **Orange-Brown**
belts Level 5:45-6:45p
3rd Class **Beginning-**
Weapons- All 7:00-8P



3

**National Night Out
Karate Demonstration**

**No Classes come and join the
festivities on Yosemite St.
Village**

**NO CLASSES –
KARATE DEMO 5:30P**

4

1st Class **Orange-Blue-**
Purple-Green Level - 4:30-
5:30p
2nd Class **Orange-Blue-**
Purple-Green Level - 5:45-
6:45p
3rd Class **Black and Brown**
Belts Level – All 7:00-8:30p



5

1st Class **White-Yellow-**
Orange Juniors 4:30-5:30p
5:45-6:45p
2nd Class **White-Orange-**
Blue-Purple Level – 5:45-
6:45p
3rd class **Teen-Adults**
7-8:30p



6

1st Class **Mighty Mite**
juniors 4,5,6 yr old 4:30-
5:30p
2nd Class **Green , Brown,**
Black 6:00-7:30p



7

1st Class **Mighty Mite: 4,5,6**
ys. old 11:00-12:00n **ONLY**
-2nd Class **White--Green** 12:15 –
1:15p
3rd Class **Green-Black Level**
Advance kicking- 1:30-2:30p
4th Class **Advance Weapons**
Green-Black Level- I 2:45-3:45p



8

9

10

1st Class **White-Yellow-**
Orange 4:30-5:30 Juniors

2nd Class **White-Yellow**
Orange – 5:45-6:45p

Teen-Adults Class 7:00-8:30p



11

**Please Make Up Your
Classes Early in the
Month!**

12

13

14

Promotion Testing 4-6p
White & Yellow, Orange and
Up Combined testing



15

**Leadership Zoom
Call Meeting 12-1p**



16

17

18

**Please Make Up Your
Classes Early in the
Month!**

19

20

21

22

23

24

25

**Please Make Up Your
Classes Early in the
Month!**

26

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31

2021



Tibon's Goju Gazette



www.tibonkarate.com

August 2021

Tournaments & Events This Year

Tibon's Goju Ryu 2021 36th Annual IN-HOUSE Winter Tournament Cancelled Due to Covid 19 – Black Belt Testing Exam. TBA!

Thank you as a Small Business we Appreciate Your Support!

Welcome New Students to
Tibon's Goju Ryu Uchiage Kai Organization

Matthew Desanti Penelope Milani Uriyah Martinez
Amare Martinez Trindyn Martinez Eli Phifer
Naomi Phifer Nivaan Kumar Aribella Padilla
Ivan Mingro Valerie Frantz Clarabelinda Avina
Lucia Dale Paavni Ahuja Tyler Gunnion
Wilson Davila Xiclaly Liquigan Nareya Farkouh
Agrawal Vedant Kambe Kathryn Chloe Raemakers
Sara Apolinario Mia Nowlin Leila Nowlin
Athena Tator Carly Fitzgerald Meili Urata-Espinosa
Samantha Urata Kaileah Urata-Espinosa Lilli Beal
Elise Beal Ryan Bielak Nathan Hoeser Julianne Orbon

Welcome Back: Isaiah Warmesley



Promotion Testing!

August 14th Saturday Testing
White belts – Brown belts 4:00p – 6:00p

Promotion Certification will be given in
Student's classes When we receive certificates
and belts by their Sensei.



Zoom Leadership Call Sunday August 15th 12n-1:00pm

SEE NEW CLASSES TIME SCHEDULE BELOW

Tibon's Goju Ryu Fighting Arts and USA Grassroots Karate Camping Trip Lake Tahoe Spiritual, Technical, and Physical Karate Training Don't Miss 2022!



About 120 karate parents and students converged on Camp Richardson Lake Tahoe for 6 days and 5 nights. It was incredible 4 hours of training each day was the equivalent to 2-1/2 months of class training in the dojo. A lot of information of Goju Ryu Uchiage Kai Kate, footwork, techniques, and spiritual training in the mind set of a warrior. I was proud to have as coaches was Sensei Justin Love 3rd Dan, Sensei Asa Thurston 3rd Dan, Sensei Demytryk Cabanig 1st Dan, and Sensei Gene Tibon 8th Dan Chief of Tibon's Goju Ryu Fighting Arts and President USANKF of Northern California, USA Grassroots Karate Program Regional Sports Organization non-profit 501(c)3 organization. We are looking for next year's camping site for 2022. The Camping Spots will be going fast do not miss out!

TRANSITIONING KARATE SKILLS INTO LIFE SKILLS

Written by Sensei Gene Tibon



Sensei Gene Tibon is an 8th Degree Black belt certified by Goju Ryu Uchiage Kai, a member of the Japan Karate Federation and member of the World Karate Federation with the International Olympic Committee.

In February of 2019 I was awarded my 8th Dan Certification. It was presented to me in Richmond B.C. Canada and made me the second highest ranking senior in the Goju Ryu Uchiage Kai organization in the world. It is an honor I will forever cherish. Receiving my 8th Degree Black Belt certification registered in Japan and presented by high-level officials made the award that much more special.

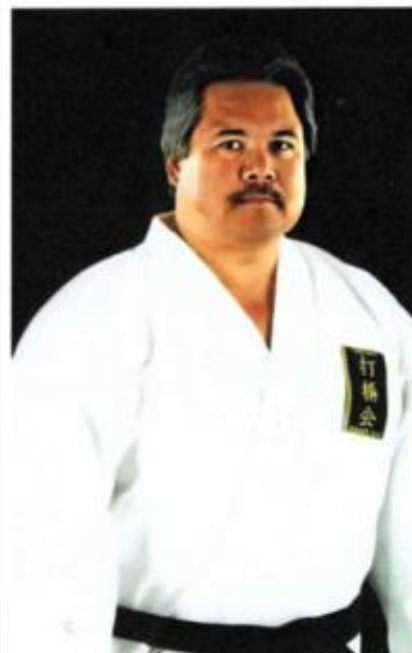
I am the Owner and Chief Instructor of Tibon's Goju-Ryu Fighting Arts Karate Dojo located in Stockton, California. I teach the system of Karate known as Goju Ryu which is the best of both fighting traditions of Okinawa Japan (Go) and China (Ju). Goju broken down by meaning is **Go meaning hard**, which represents straight line, linear, and direct. **Ju means soft**, which represents circular, angular, re-direction, and yielding. The mixture of the combined cultural fighting sys-

tems makes our style very effective for self-defense.

We have developed our students to compete at national, international, and world level competitions under USA Karate, the National Governing Board for traditional karate, and member of the US Olympic Committee. Over the last 37 years we have developed over 450 gold medal national championships, 220 Pan-American karate champions, and currently have a 2021 Summer Games Olympic hopeful for Karate, Joane Orbon.

I tell them they are modern-day Samurai; the word Samurai means to Serve."

Tibon's Goju Ryu takes great pride in the development of our students by teaching them the traditional martial arts and use of weapons in the Yamani Ryu Kobudo system along with the discipline respect, and responsible understanding of when and when not to use them. But we take more pride in teaching our students how to transition these karate skills into Life Skills development. We teach them that with the combination and commitment of



Courtesy Sensei Gene Tibon 8th Dan Goju Ryu Uchiage Kai

Mind, Body, and Spirit, (one of our main foundation Kata(forms) call Sanchin) they can do and accomplish anything. One hundred percent of our black belts have graduated from high school, with 95% of those black belts going on to college and universities to receive a degree. The large part of our students are straight A students or in the top percentile in their class.

We spend a large amount of time with our Leadership Program in teaching students the most important characteristics of a black belt including respect, discipline, honesty, integrity, teamwork, communication, and community. With this training many of them hold leadership positions in their school or club. We help future citizens for our c



Collecting oral histories and memories of the past can reveal a more accurate and factual picture that goes beyond printed books. There are so many stories to tell and it is our goal to reach out, capture, and record those stories. A collection of full stories, recordings and pictures will be preserved and made available as we continue this valuable project.



Left: Sensei Gene Tibon, Owner, Tibon's Goju Ryu Fighting Arts, Right: Sensei Gene Tibon with student



COURTESY SENSEI GENE TIBON

society through our training. By teaching a world class martial art along with the highest level of technical instruction and combined it with our Leadership Program, a goal driven student can become incredible.

We teach students how to give back to community. In the past I have hosted three years of Martial Arts Benefit Tournaments at AG Spanos Center raising \$52,000 for Children's Charities. In our fundraising programs we raise money for our athletes who are selected to Team USA to help families with the costs of international travel while representing the United States in Pan-American and world level competition. Just recently, 40 of my Leadership Team worked to support our Yosemite Street Village in Stockton to keep the

neighborhood clean and beautiful. We teach our students how important it is to give back to community. I tell them they are modern-day Samurais; the word Samurai means to Serve.

I'm proud and honored to have been inducted into 12 Martial Arts Hall of Fame organizations including the Stockton Sports Hall of Fame and the A.A. Stagg High School Hall of Fame, my high school, for my contribution to the community through my martial arts, an honor that absolutely humbles me. I'm now the Ambassador of the Master's Hall of Fame, one of the most prestigious Hall of Fame organizations in the world, where it is my responsibility to locate and identify worthy martial artists in the north and south American continents for Hall of Fame

inductions for their contributions in martial arts teaching for the betterment of city, state, country, and the world.

My biggest achievement is married to my amazingly supportive wife for 48 years, Yvonne Tibon, two sons oldest Gino Tibon 3rd degree Black belt a past member of Team USA 5 years with 5 children, in karate and sports, and my youngest son Adam Tibon 5th Degree black belt, a past member of Team USA 8 years, with our youngest grandson who is in sports and karate, which makes my grandchildren 6th generation martial artists. 🌟

For more information, please check our website at tibonkarate.com Goju Ryu Karate on Face



**USANKF of Northern California, Inc. USA Grassroots Karate Program
Tibon's Goju Ryu Fighting Art**





**Tibon's Goju Ryu Fighting Arts Thanks all Our Supportive Families and Students Who
Voted Us Best in Martial Arts for
Best in San Joaquin 5 Cities San Joaquin Magazine**



MARTIAL ARTS SCHOOL

It's easy to stumble upon a **Tibon's Goju Ryu Fighting Arts and Supplies** goju ryu program in San Joaquin County because the gym that started in 1984 has expanded, offering programs at places such as Stockton and Modesto **GymStars** and **Hiers Goju Ryu** in Lodi. And with ease of access and plenty of satisfied students, it's easy to see how this karate school landed in the number one spot on our 2021 Best Of list. **Cutting Edge**



celebrating
THE BEST

**Tibon's Goju Ryu Demo Team on National Night Out August 3rd Tuesday
Dojo will be closed for Classes but Will Be Open! Come Out and Support!**



**Tibon's Goju Ryu Fighting Arts Main Dojo Now Open!
For Indoor Classes
New Schedule Starting July 6th Tuesday Below**

The new class schedule is:

Monday

First class Color Belts – Juniors

4:30-5:30p

Second class Color Belts – Juniors

5:45-6:45p

Beginning-Novice- Intermediate Weapons

7:00-8:00pm

Tuesdays and Thursday

First class Beginning Level – Juniors 4:30 - 5:30p

2nd class Beginning Level – Juniors 5:45 – 6:45p

3rd class Beginning Level - Teen Adults 7:00-8:30p

Wednesday

First class Color Belts – Juniors 4:30-5:30p

Second class Color Belts – Juniors - Teens 5:45-6:45p

Third class Black and Brown Belts – 7:00-8:30p

Friday

Mighty Mite: 4,5,6 yr old- Time is Friday 4:30-5:30p

2nd Advance Class Green, Brown, Black 6:00p – 7:30p

Saturday

1st Class Mighty Mite: 4,5,6 yrs. old 11:00-12:00n

2nd Class Color Belts Orange – Purple 12:15 – 1:15p

3rd Class Green-Brown-Black Advance 1:30-2:30p

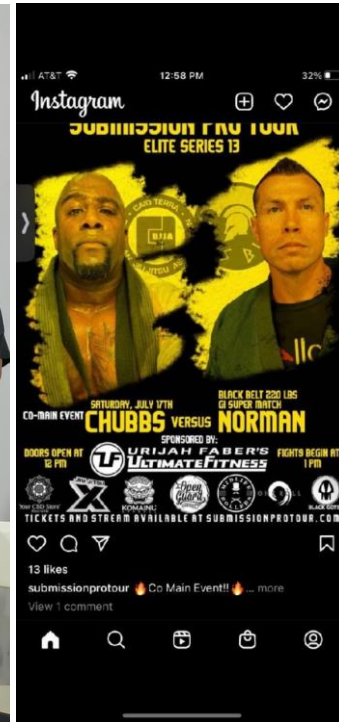
4th Class Advance Weapons Brown Black 2:45-3:45p



Martial Arts in Sensei Gene Tibon's Family for 6 Generations. My Nephew Jimmy Norman is part of the 5th generation family members like my son's in martial arts competed in his first submission tournament at the Main Event Submission Pro Tour Elite Series 13

Congratulations!

The Whole Family was there in support of his amazing match with Billy Ray Chubbs who also plays the character Megatron in Lucas Films the Transformers!



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **We MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS OPTION TO WEAR MASK IF HAS BEEN VACCINATED. IF NOT VACCINATED WE REQUIRE YOU WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS.** We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo. Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask is OPTIONAL IF HAS HAD VACCINATION with NO VACCINATION MUST STILL WEAR FACE MASK.**
- We have wellness stations at the front desk including sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on June 15th.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Noah Helsby 3rd Dan Ho

Sensei Ellis Chen 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



Much has happened this month of July 2021 to report on. We again win the Best of San Joaquin for Best in Martial Arts with San Joaquin Magazine, which covers all 5 San Joaquin County Cities. We are honored again for the 15 years in a row we have been honored by either the Stockton Record Newspaper or the San Joaquin Magazine for the prestigious recognition as the Best in Martial Arts in the San Joaquin Valley.

We just completed a successful Karate Camp hosted by Sensei Gene Tibon as the President of USANKF of Northern California, Inc. USA Grassroots Karate Program in conjunction with Tibon's Goju Ryu Fighting Arts at Camp Richardson in Lake Tahoe. We had a total of 122 parents and students participate in this years Karate Camping Trip. The trip was so successful that we have students and parents already wanting to book their place for the 2022 Karate Camping Trip. We are looking at alternate sites like the ocean this next year if we can find a place that can accommodate our group size.

I have made the announcement to our students that we will begin contact training again June 15 after the Governors Open California announcement. Perfecting technical skills and strength and conditioning the contact training is going to be incredible for our karate students with self-defense tactics and techniques along with Goju Ryu kumite concepts. Students who will be participating in this class will need their fighting gear. Much of the gear has to be special ordered. We ask that the students pay in advance when their order their gear. See the front counter employee to be fitted for your gear.

The Mighty Mite 3,4, 5 yr. old classes are growing, and new excited students have joined after being shut in from school and outdoors for a full year. Our program is getting the students to again enjoy physical exercise, interaction with other students, and social skill level development is back on track. Students are also getting ready for their promotion testing anxious for their new ranking opportunities.

We look so forward to our students returning and regaining all their Goju Ryu Uchiage kai karate development with our monthly promotion testing with those who have been training for the past 6 months.

Exciting times ahead, looking forward to a successful 2021!

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell

Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan



Hiers Karate School

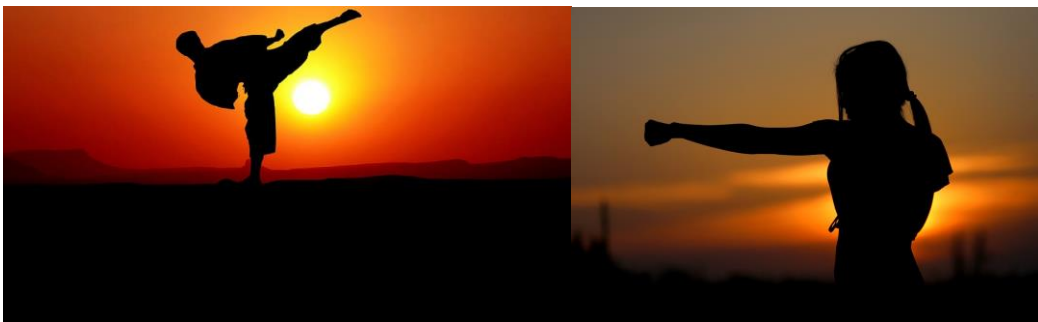
In the month of August, no new news or updates, have a great month of training!

Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Assistant 2nd Dan

Message from Sensei Chris:

Modesto GymStars is starting to grow and our student base is growing. I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. The help that the Sempai's (senior students) assistants bring to the floor shows and helps the students grow by example. As the old saying goes, you learn you teach, you teach you learn, and it shows in both student and assistant. Good work in all always keep trying to improve yourselves.

Thanks, Sensei Chris Inman



United Bay Area Karate Club – Grand Opening August 1st

Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

It's been a long time coming, but I'm proud to announce my Grand Opening of UBAKC is August 1st, 2021.

This journey began in 2019 when I first signed my contract in San Jose to bring a broken- down building back to life after two weeks of finding out my Olympic journey with the TEAM USA was over. I went from Ranking 6th in the World to working 12 hour shifts as a server to a city where I knew no one.

I had nothing at that point, but a vision to build. I took my savings and threw it into the deposit and began renovating while working.

Three years later, I have built a community of students and families in San Jose during a pandemic and is finally ready to open indoors, with a fully loaded dojo.

If you are seeing this post and/ or tagged in it, you have touched or supported me in one way or another. I am thankful for you and God's Grace to have given me the strength to endure and conquer all that I have been through.

Traveling is hard at this time, but I invite everyone to visit me on this special day to celebrate!

I am having a free elite kumite seminar at the dojo from 10:30am – 12:00pm, which will go into an afternoon of activities with free lunch, live DJ, discounted mani/pedi's at the salon next door and raffles.

I look forward to seeing everyone soon!

It's time to show everyone how I throw a block party and trailblaze the next generation of karateka to the world!

Blessings to all,
Sensei Joane Orbon
UBAKC San Jose

Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Camp Class Days Added to GymStars

Hello everyone, another month has passed, and we are slowly but surely getting back to the way things were our mini camps are growing students are promoting and everyone is working harder than ever before.

I love how passionate so many of the kids at Stockton GymStars are every work out every new kata or drill they don't shy away from giving it their best. This month GymStars had one student test and that was Christopher Melendez. He went to testing and was slightly unsure of himself, but I told him I had faith that he would pass and do great, but I was wrong. Because he did fantastic! The entire test was extremely powerful and technical. It did not matter if you were from Tibon's main dojo or Hiers or Stockton GymStars. Even the littlest student at 6 years old stood right in front of sensei the whole test and showed no fear. Every time I think I cannot get more amazed by these kids they shock me all over again.

As for Mini Camps we have a new Monday 6:30 timeslot opening and more on the way. This mini-Camp will be for White/Yellow belts and will be opening Monday the 29th. We will be opening more and more camps as the demand arises so be ready for more updates coming soon. **New Classes added on Wednesday and Fridays taught by Sensei Allison To 1st Degree Black Belt.** Looking forward to all the new students to join our Karate program.

As always, I hope everyone stays safe and I look forward to new campers and existing campers growing and becoming more outstanding young martial artists, if you have any questions feel free to call at (209) 957-1919

Monday

3:30-4:25 White/Yellow belt 3-6 years old

4:30-5:25 Orange/Blue belt

5:30-6:25 White/Yellow belt 7/16

Tuesday

3:30-4:25 Blue/Purple/Green belt

4:30-5:25 White/Yellow belt All ages

5:30-6:25 Yellow/Orange/Blue belt

Wednesday

3:30-4:25 Yellow/Orange/Blue belt

4:30-5:25 All White Belts

5:30-6:25 All White Belts

Thursday

2:45-3:25 2-5 years old

3:30-4:25 White/Yellow belt All ages

4:30-5:25 Yellow/Orange/Blue belt

5:30-6:30 Blue/Purple/Green belt

Friday

3:30-4:25 All White Belts

4:30-5:25 All White Belts

5:30-6:25 All White Belts

**TIBON'S GOJU RYU
ARTS
DOJO TIPS**

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

In regard to in house sparring we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**

