



Tibon's Goju Gazette



www.tibonkarate.com

May 2022

Tournaments & Events This Year

Black Belt Testing Exam will be planned for May 14TH 2022 at 1:00pm is Testing Seminar open to Black & Brown Belts only. The Black belt Dan Test after seminar. Stayed tuned and get prepared for the testing.

June 15-19, 2022, Tibon's Karate and USANKF of Northern California Regional Sports Organization Camp Richardson Karate Camping Trip South Shore Lake Tahoe. Please Pay to reserve your camping spot \$55 per person.

June 30-July 3, 2022, USA National Karate Championships and USA Team Trials Spokane, WA

Fiesta Cup Larios Karate Tournament South Gate Sports Center 9520 Hildreth Ave South Gate, CA

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter Tournament moved to December 4, 2022, Due to Covid 19 We will see if we are able to host this year's event at Lincoln High School as in the past years. Waiting for School Athletic Schedule to confirm date!

Thank you as a Small Business we Appreciate Your Support!

Welcome New Students to
Tibon's Goju Ryu Uchiage Kai Organization

Yoshi Quevedo Israel Laua Andrea Mendoza
Haley See Amelia Espinoza Oliver Sexton
Hailey Arista Dominic Sotuh Ellis Reich

Welcome back: Mondo Morales



Promotion Testing!

May 21st Saturday Testing – Main Dojo

White belts – Brown belts 4:00p – 6:00p

Promotion Ceremony for April Test May 20th 7:45pm

Zoom Leadership Call Sunday May 22nd 3:30p- 4:30pm

Tibon's Goju Ryu Annual Easter Egg Hunt and Potluck Picnic Huge Success! Thank you, Leadership and Parents!

Parents, Students, Leadership brought out lawn chairs, their best Potluck Dish for a great afternoon of celebration of our Annual Easter Egg Hunt for a huge successfully ran event. Leadership did a great job hiding eggs and setup teardown, Sensei Asa Thurston and girlfriend Kelly created games for prizes raised by a Bake Sale, Rene Carruth had a Succulent Plant Sale to help raise money for the National Travelling Karate Team, and Cheila Rosencrans did a 50/50 Raffle, and Helen Yen did a Cookie Decorating table all raised over \$600 for those athletes going to Spokane, WA to the USA Nationals and USA Team Trials. Great Job all! **Tibon's Karate Events are Back!**



Page 2 for more photos of Potluck Picnic and Easter Egg Hunt

Tibon's Picnic and Easter Egg Hunt continued



Great food, parents smiling, great prizes, and kids giggling and running to find the golden egg in some cases had a \$100 bill in 3 eggs and other \$1, \$5, \$10, and \$20 bills along with Easter candy of course!

Tibon's Goju Ryu Annual Karate Easter Picnic and Egg Hunt



Thank you for great music Sensei Justin Love!

**Tibon's Goju Ryu Tokubetsu Competition Team Travel to Las Vegas
Internationals for Great Success in first International Event of the 2022 Year!
Ozawa Cup Internationals Flamingo Hotel Las Vegas**



Our Seniors and Juniors focused to high level competition

Ozawa Cup Internationals Continued

High Level Competition from around the world!



Karate Family dinner gathering for Korean Barbecue, great time great food!

Junior International Cup and Ozawa Cup Internationals Continued



What an incredible time Karate is Back, and We'll Be Back in Las Vegas in 2023!



Jr. International Cup and Ozawa Cup International Karate Championships

Results

Arin Helsby gold medal female 16-17 yr old black belt Kumite and \$100 Prize, Silver medal in WKF female Kumite.

Chris Gong gold medal male black belt advance Kobudo Weapons.

Samson Helsby bronze medal black belt advance Kumite Jr. International Cup.

Eli Dominguez gold medal boy's 6yrs and below beginning Kumite and Bronze Kata.

Joey Carruth bronze medal boys brown-black belt Kata, bronze medal Kumite.

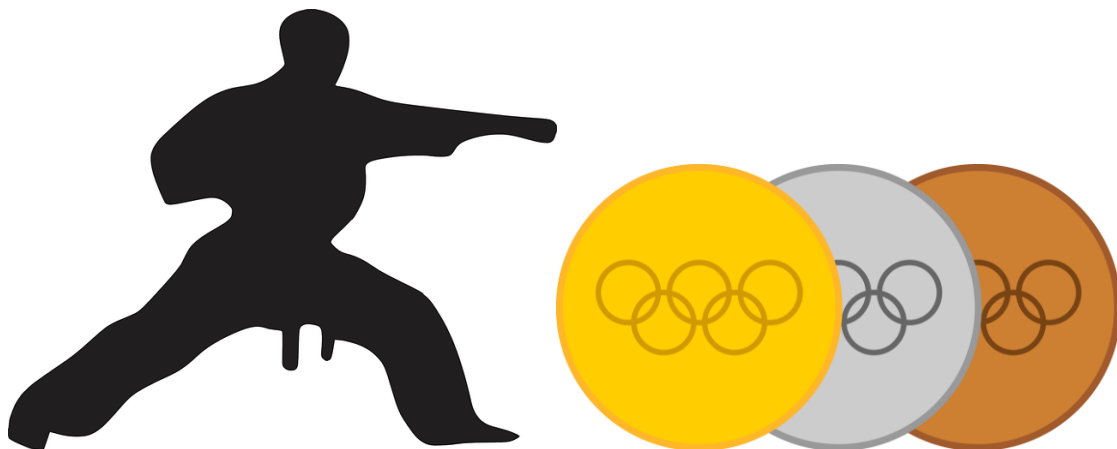
Daisy Leon silver medal women's intermediate Kata.

Neython Saavadra silver medal boys intermediate Kata and bronze in Kumite

Zoe Harrison honorable mention

Cruz Dominguez honorable mention

Elijah Infante honorable mention



Tibon's Goju Ryu Fighting Arts Promotion Testing for April 2022

Congratulations all!



Outstanding promotion by all our Tibon's Goju Ryu Organization students from our Main dojo, Stockton GymStars, Hiers Goju, and Modesto GymStars!

Prepare for May 21st next promotion testing



**Advanced Kata Seminar for Black Belts, Brown Belts,
and Recommended Green 3 Stripes
May 14th Main Dojo 923 N. Yosemite St.
12:30p – 3:30pm
Taught By**

**Sensei Gene Tibon 8th Dan Goju Ryu Uchiage Kai Class A Examiner
President Goju Ryu Uchiage Kai Western United States
Sensei Adam Tibon 5th Dan Goju Ryu Uchiage Kai USA Grassroots Head Coach
Sensei Chris Hiers 4th Dan Goju Ryu Uchiage Kai USA Grassroots Coach**

This seminar is for the advanced students who will be testing for Black belt level that same day and the years to come. If you are ever thinking of becoming a black belt in Goju Ryu Uchiage Kai this is a must seminar for preparation for the test of your dan level up to 3rd Degree Black Belt.

This course will cover the requirements for those testing that day to make sure they are aware of the mandatory requirements to pass their test later in the day.

For all Brown Belts wanting to test for Black belt some day in the future you should be in attendance for this seminar if you wish to achieve your goal.

Any available spots will be open to any qualified Green belt 3 stripe students with Sensei Gene Tibon's approval.

Cost of Seminar is \$80 per person Sign up at Front Desk Main Dojo



**The Leadership Team of Black Belt and Brown Belt
& Green Belt 3 Stripes are a part of
Leadership Class and Training
Next Leadership Meeting May 22, 2022
Saturday 3:30p-4:30pm Zoom Call**

LEADERSHIP MEETING

MEETING ID:

721 1162 0953

PASSWORD:

TIBON



Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants to the instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, along with the development of their interpersonal skills. They work together in the organization events to work it and making it a successful well-organized event. Our dedication to the community and Yosemite St. Village for neighborhood cleanup to demonstrations as part of our Karate Demo Team.

Once a month we have a Leadership meeting or Zoom call meeting for one-two hours depending on the training schedule. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. We have seen 100% of our Black Belts graduate from High School and 97% go on to receive their Associates, Bachelors, and/or Master's Degree.

They find that our Leadership Class has prepared them for the Management positions they may have applied for. We go beyond teaching great martial arts. During their training in Goju Ryu Karate; we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives.

We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

Any questions please call Sensei Gene Tibon at the main dojo at (209) 465-0943.



**Leadership did a great job running the Tibon's Goju Ryu Annual Easter Picnic
and Easter Egg Hunt! Great Job!**

USANKF of Northern California, Inc. Regional Sports Organization

Presents

2022 Tibon's Goju Ryu Fighting Arts – USA Grassroots Karate Camping Trip

Deadline for Registration for Your Spot is May 5th only 22 Spots Left!



Date of Camping at Camp Richardson Lake Tahoe Arrive June 15 – Depart June 19, 2022

\$55 Deposit fee per person toward secured camp site – non-refundable -

Please Pay AS Soon As you Can to Lock in Your Reservation – Bring Your Own Food for 4 days

Participants Offsite stay training is \$30 per person

Camping Training Participation Fun, games, team building, karate training

**If interested, please sign up at the front desk. The deposit will secure your spot
Any questions or concerns please contact Mrs. Tibon, Sherri Helsby, or Arin Helsby**

(209) 465-0943



Tibon's Goju Ryu Fighting Arts is a Business that Accepts the RAD CARD!
Please Take Advantage of the Savings!



Hello, RAD Card™.

The **RAD Card** card is a digital gift card dedicated to the small, locally-owned businesses in your downtown or hometown business district. Load your RAD Card and be the rad foodie & shopper who supports innovative entrepreneurs in the heart of your city. RAD is giftable, too!

If you live in a place where your local government has injected COVID economic relief funds into the dollar-for-dollar match RAD account, you can **double your dollars** at your favorite restaurants, retailers and personal care services while funds last.

While economic relief gift card funds last, load your RAD Card with \$25, \$50, \$75 and up to \$100 and get matched, dollar-for-dollar. Donor match funds won't last forever, so get them before they run out! **New Funding Starts April 1, 2022!**

Tokubetsu Class Returns
National, International, Pan-American Competitors
Developmental Advance Competition Program
Taught by Sensei Adam Tibon 5th Dan 8 Yrs. Team USA Tokubetsu-1
Sensei Brian Embry 3rd Dan 4 Yrs. Team USA Tokubetsu-2
Prepare for USA Nationals in Washington 2022 and
Ozawa Cup Internationals Las Vegas, NV 2022
USA Junior International Cup Las Vegas NV 2022
Fiesta Cup South Gate, CA September 18, 2022
Saturday's 4:00p-5:30p on Specific Dates
Starting January 2nd, 2022, Sunday's 1:00p-2:30p

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team **What is the purpose of Tokubetsu?** The word Tokubetsu means, “ongoing development towards excellence”. The purpose of the class is to create a **high-level competition kumite class** for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the very serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class are as follows: Work, school, church, family reunion, family vacation, or sick.



Sensei Adam Tibon at the Pan-Am's in Canada, the Uchiage Kai Internationals – Tokubetsu 1 now started



Sensei Brian Embry 3rd Dan Ozawa Cup International Grand Champion Kumite and Silver Medal Curacao Pan-Am's Internationals – Tokubetsu 2 starting January 2, 2022

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Brian Embry 3rd Dan

Sensei Elijah Infante 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



Outstanding performance on Easter Weekend in Las Vegas at the Ozawa Cup Internationals, the Jr. International Cup, the US Open, and the AAU Team Trials April 15-17, 2022 at the Flamingo Resort and the Paris Resort in Las Vegas. I'm so proud of our athletes from the lowest level competitor to the advance black belts in Kata, Kumite, and Kobudo. All did exceptionally well show our training and preparation has been correct for what the students needed to win.

We had a very successful Easter Picnic and Easter Egg Hunt, which all our organization dojos have been invited to have one of our most successful events over the past 3 years. We look forward for more future Tibon's Goju Ryu Organization events that includes all of our satellite dojos and chapters for a fun day of gathering and fun.

Black and Brown belts will be participating in an advance seminar for those who intend to test for black belt in the future for mandatory needs to pass the very difficult Dan test. The Advance seminar is Saturday May 14th from 1:00p - 3:00pm. The Black Belt Dan Testing will be right after the Advance Seminar at 4:00p-6:00pm. Green Belt 3 Stripes will only be allowed with any openings available with Sensei Gene Tibon's approval.

The Karate Camping Trip in Lake Tahoe Camp Richardson deadline to register for a camping spot is May 5th, 2022. Please get your reservation paid for ASAP to participate. The cost is \$55 per person bring your own food and tent for camping. There is 4 hour morning training for the athletes. After training students, parents, and teams can go swimming, hiking, biking, site seeing, horse back riding, kayaking, and fishing. This has been an amazing trip for families to bond especially after the Covid 19 shut in pandemic. We all need a nice weekend in the beautiful Sierra Mountains. Hope you can join us!

We look forward to host our 36th Annual Tibon's Goju Ryu Winter IN HOUSE Karate Championships this December 2022 if the Lincoln Unified School District allows events like our this year. Stay tuned for the announcement we are successful in hosting tournament this year.

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell

Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Class Days Added to GymStars

This month has been a very fun one. We've seen many of the mini camps grow bigger and so many students working harder and harder truly taking things to the next level!

On a side note, we have had some schedule changes with some of the mini camps. The new schedule will be listed below along with which sensei teaches them

Monday: Sensei Asa/ Sensei Allison

3:30-4:25, 3-6 year-old white/yellow belts
4:30-5:25, Orange/Blue belts All ages
5:30-6:25, 7-16 year-old white/yellow belts
6:30-7:25, 7-16 year-old white/yellow belts

Tuesday: Sensei Allison

3:30-4:25, blue/purple/green belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, yellow/orange/blue belts All ages

Wednesday: Sensei Asa

3:30-4:25, yellow/orange/blue belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, 3-6 year-old White/Yellow belts
6:30-7:25, 7-16 year-old White/Yellow belts

Thursday: Sensei Allison

2:45-3:25, 3-5 year-old beginners
3:30-4:25, 7-16 year-old white/yellow belts
4:30-5:25, yellow/orange/blue belts All ages
5:30-6:25, blue/purple/green All ages

Friday: Sensei Allison

3:30-4:25, 7-16 year-old White/Yellow belts
4:30-5:25, 3-6 year-old White/Yellow belts
5:30-6:25, 7-16 year-old White/Yellow belts

Saturday: Sensei Allison

9:00-9:55, 3-6 year-old White/Yellow belts
10:00-10:55, 7-16 year-old White/Yellow belts
11:00-11:55, Orange/Blue/Purple belts All ages

United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

Sensei Tibon, President Western United State Goju Ryu Uchiage Kai, and Sensei Asa travel to San Jose to test Sensei Joane Orbon's students for Goju Ryu Uchiage Kai international ranking certification on **Sunday April 3rd did a great job!**
Next testing is September 11th, 2022, get ready!

UBAKC San Jose has continued to extend throughout the South Bay Area and have also opened our first satellite program at a local heritage school. We hope our reach will continue to grow as we teach karate and our mantra of Respect, Discipline, and Loyalty all throughout the Bay Area.

Have a great month!

All the best,
Sensei Joane Orbon
3rd Dan Goju Ryu Uchiage Kai
Chief Instructor of UBAC San Jose



**Julienne Orbon wins 4 gold medals at Jr. International Cup and US Open,
Congratulations Joane Orbon Dojo in San Jose!**

Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Instructor 2nd Dan
Sempai Joey Carruth Ni Kyu Brown Belt

Message from Sensei Chris:

Modesto GymStars is continually growing and are working to achieve pre Covid 19 numbers. **We started the new Monday classes and now taking names to fill the 2nd class.** I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. Students in Modesto GymStars Karate Program are excited about the 2022 New Programs!

Thanks, Sensei Chris Inman

Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan



Hiers Karate School

In the month of January, February, March, April, May no new news or updates, Looking forward to 2022 Years for our students!



**TIBON'S GOJU RYU
ARTS
DOJO TIPS**

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **Following the Governor's Mask Mandate IT HAS NOW BEEN LIFTED February 16, 2022. We still MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS TO WEAR MASK IF HAS NOT BEEN VACINATED per CDC's GOVERNOR'S MANDATE. IF VACCINATED IT IS OPTIONAL FOR YOU TO WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG. ALL EMPLOYEES WILL WEAR A FACE MASK INDOORS. We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo.** Our goal is to have everyone in the dojo feeling safe and being safe from the virus.






- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask IF NOT VACINATED PER CDC INDOOR RULES.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on FEBRUARY 16TH, 2022.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 Tokubetsu-2 1:00-2:30p Competition Class	2 See Class Schedule in New Dojo Brochures	3 See Class Schedule in New Dojo Brochures	4 See Class Schedule in New Dojo Brochures	5 See Class Schedule in New Dojo Brochures	6 See Class Schedule in New Dojo Brochures	7 Tokubetsu-1 4-5:30p Competition Class
8 Dojo Closed Mother's Day 	9	10	11 Please Make Up Your Classes Early in the Month!	12	13	14 Advance Seminar Black and Brown Belts 1:00 -3:00p Black Belt Testing 4pm- 6pm main dojo No Tokubetsu
15 Tokubetsu-2 1:00-2:30p Competition Class	16	17	18 Please Make Up Your Classes Early in the Month!	19	20 Promotion Ceremony for April tested students 7:45pm	21 Promotion Testing 4:00p-6:00pm No Tokubetsu Class
22 Tokubetsu-2 1:00-2:30p Competition Class LEADERSHIP 3:30p- 4:30p ZOOM CALL	23	24	25 Please Make Up Your Classes Early in the Month!	26	27	28 DOJO CLOSED MEMORMIAL DAY WEEKEND! 
29 DOJO CLOSED MEMORMIAL DAY WEEKEND! 	30 DOJO CLOSED MEMORMIAL DAY 	31 Arin's BD	Please Make Up Your Classes Early in the Month!	Private Lessons Available- Please Book with Front Counter! 		

2022